

# Primary Care Clinic





I am visiting the doctor for a check up.

This story will help me learn more about my check up.



When my family and I arrive, we will go to the front desk.

The person at the front desk will let the doctor know I am there.



I will wait calmly in the waiting room.



When my name is called, my family and I will walk with the nurse to check my weight.

I will stand on the scale.

It is important that I stand very still.



The nurse will check how tall I am.

I will stand still and straight.



The nurse will check my blood pressure.

My blood pressure checks how hard my heart is working.



This will feel like a tight hug on my arm.

I will keep my arm still.

I may need a vision test.

A vision test will check how well I can see.



I will cover one eye at a time.

I will look at a chart.

I will tell the nurse what letters or pictures I can see.



I may also need a hearing test.

A hearing test will check how well I can hear sounds.



I will wear headphones over my ears.

I will hear a sound in the headphones.

I will tell the nurse which ear hears the sound.



After my tests, my family and I will wait for the doctor in a room.



I may need to change my clothes and wear a hospital gown.

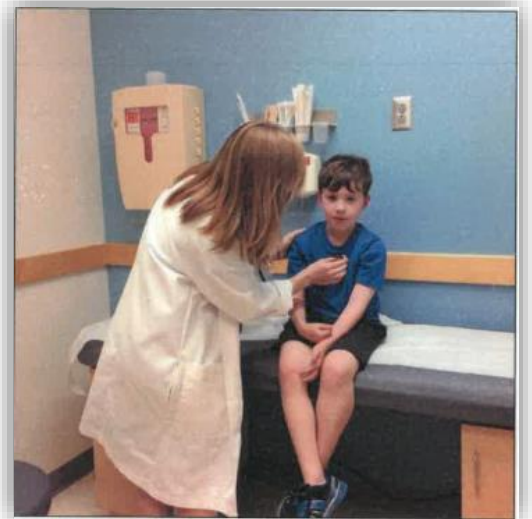
The hospital gown may feel different than my clothes.

The hospital gown helps the doctor check my body during my check up.



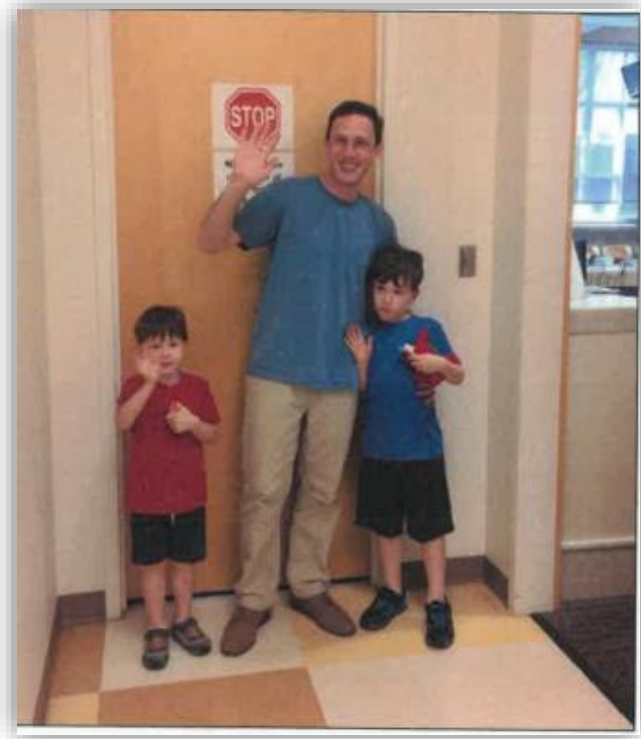
During the doctor's visit he or she will ask questions about how I am feeling.

The doctor will check different parts of my body.



The doctor will look in my ears and throat.

The doctor will listen to my heart and lungs.



All done



After my check up, it will be time to leave.

I am all done.

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)