

PT & OT
Children's of Alabama
McWane Outpatient

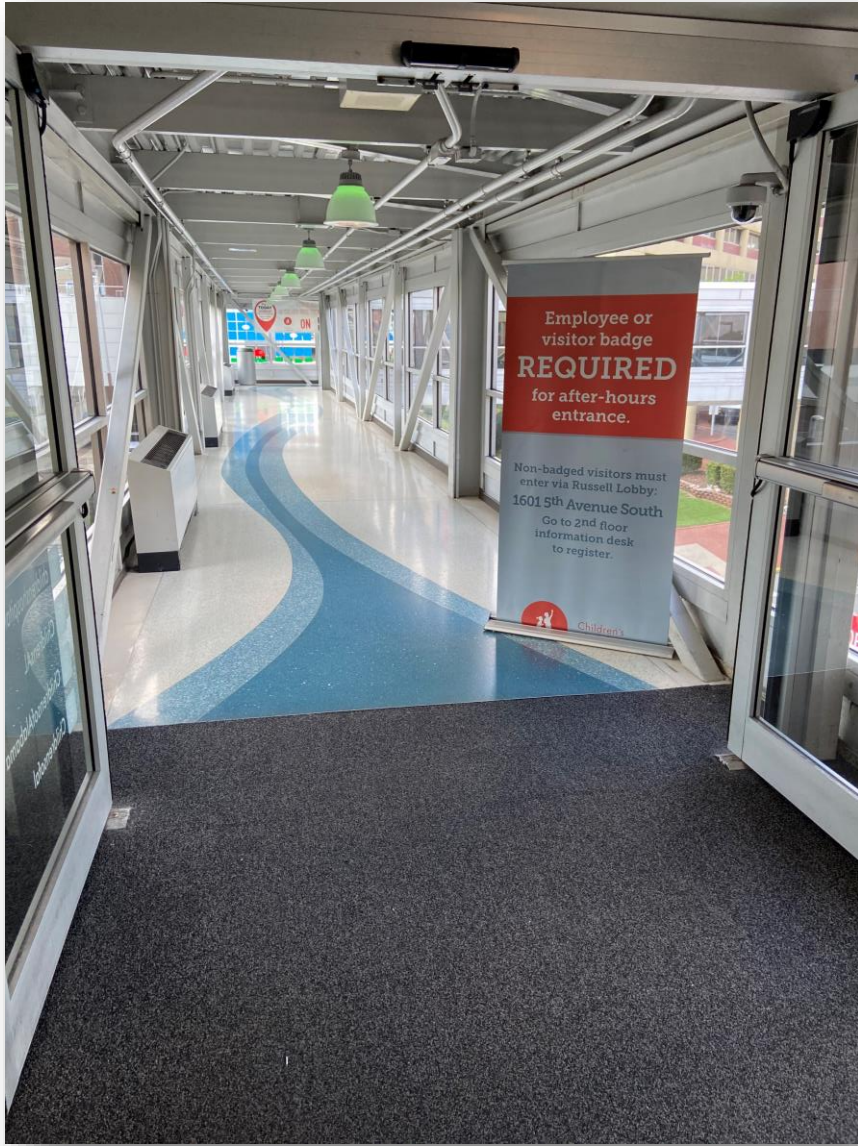




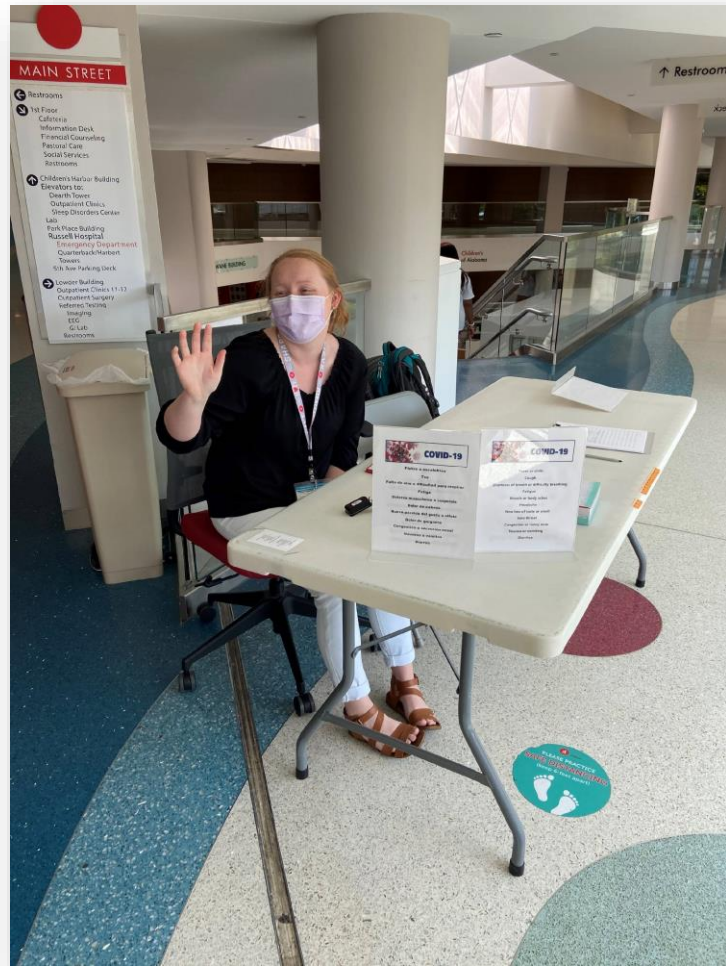
I am going to Children's of Alabama for a physical therapy or occupational therapy visit.
This story will help teach me about my visit.



When I arrive, my family and I will park in the parking deck.



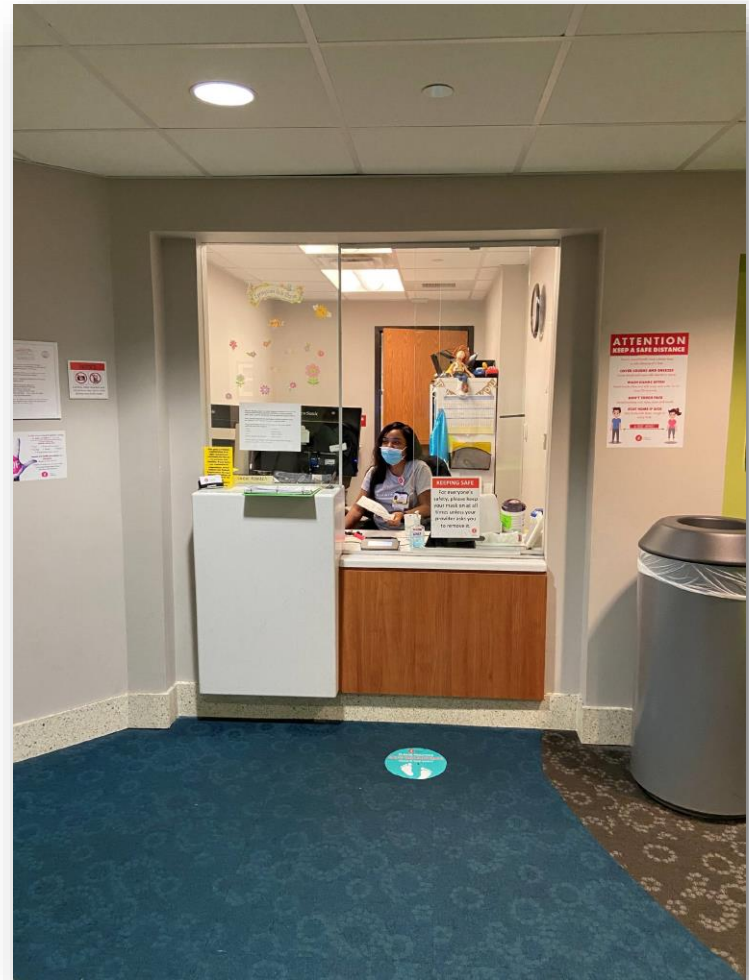
We will walk across the cross walk.



My family and I will stop at a table like this and have our temperature checked. The person checking my temperature will hold the thermometer up to my forehead. I will keep my head still while I get my temperature checked.



My family and I will take an elevator to the 3rd floor.



When we get to the 3rd floor, my family and I will check in at the desk.



I will get a bracelet with my name.
I will wear this bracelet on my wrist.



I will sit calmly in the waiting room until my name is called.



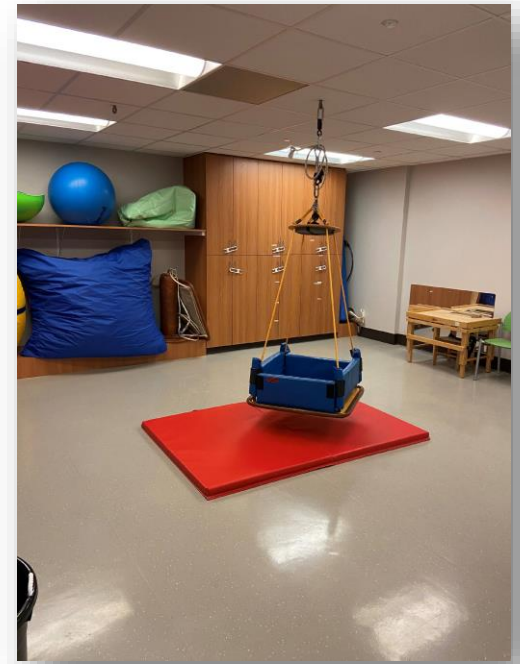
I may see different people and hear different sounds.

Some sounds may be loud.

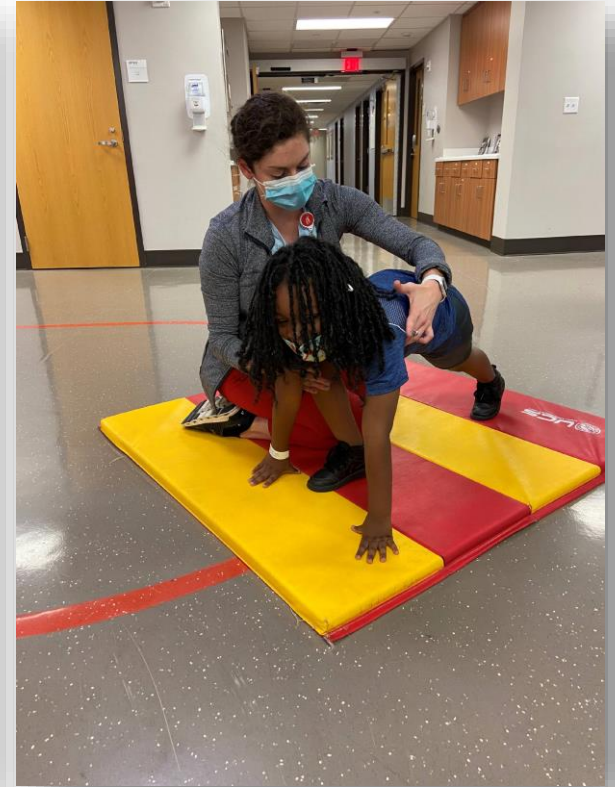
If the sounds are too loud, I can ask for headphones to cover my ears.



When my name is called, my family and I will walk down the hall to a different room.



There are many different rooms.
My physical or occupational therapist will show me where to go.



During my visit, I will move and play with my PT or OT.

My family will stay with me the whole time.

While I play, it is important that I...



Use my “listening ears”



Follow directions



Have “calm, waiting hands”



When my visit is all done, my family and I will walk down the hall to leave.



All done



I am all done with my visit.

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)