



Children's
of Alabama®

A Trip To Surgery



Children's South

Today, I am having surgery.

I may have different feelings
about this.

This story will help me learn
more about my surgery.

The nurses and doctors are
going to help me.



When I get to Children's South



My family and I will come in the front doors.

We will wear our masks when we are inside.



Then I will ride in the elevator to the surgery waiting room.

The Waiting Room



I will wait calmly in this big room.
I can watch the TV until my name is called.

During my visit...



My arm will get a hug from
a blood pressure cuff.
I will hold my arm very
still.

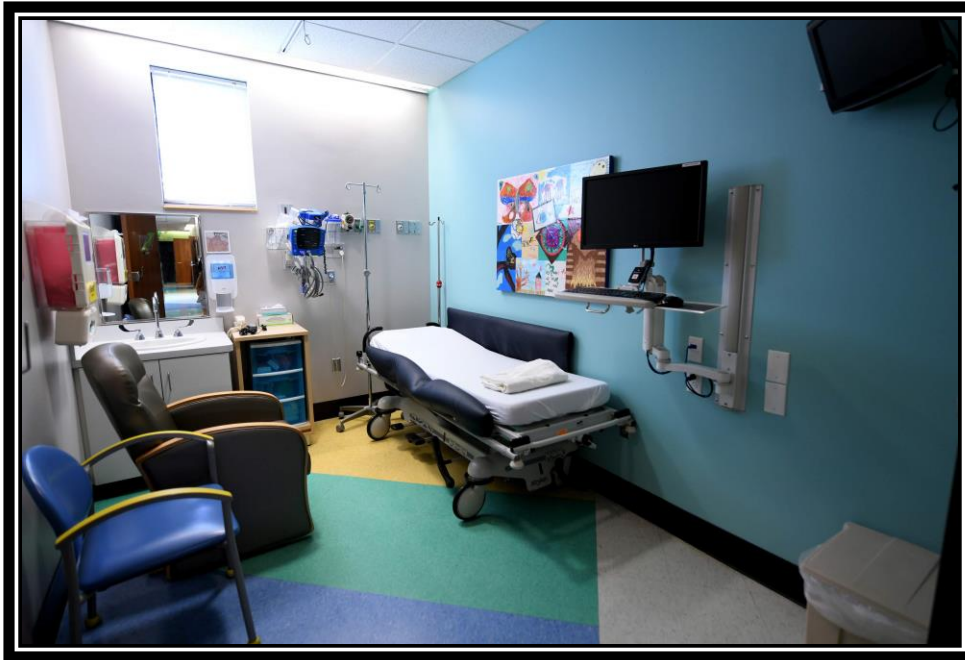


I will get a sticker like this
on my finger.
I will hear a beeping noise.



The nurse will take my
temperature.
The thermometer will
touch my head.
It may feel cool.

Pre-Op Room



I will lay on the bed.

My family and I will go to a room with a TV.

I can have my favorite toy, pillow or blanket.

I may put on a hospital gown in this room.

I will have to wait to go to surgery.

A nurse will give me a bracelet with my name.

I will wear this on my wrist.

My nurses will be talking to my family.





While I am waiting I can pick a flavor to smell for my mask.



I can practice breathing in my mask if I want.

Things I can do while I wait



- I can watch TV
- I can play on the iPad
- I can color
- I can blow bubbles

Time to Go



When it is time to go my family
will wait for me in my room.

I will see my family later.

My doctors and nurses will take
good care of me.

I will ride on my bed with wheels
to surgery.

Surgery Room



The Surgery Room has a different bed and special machines.

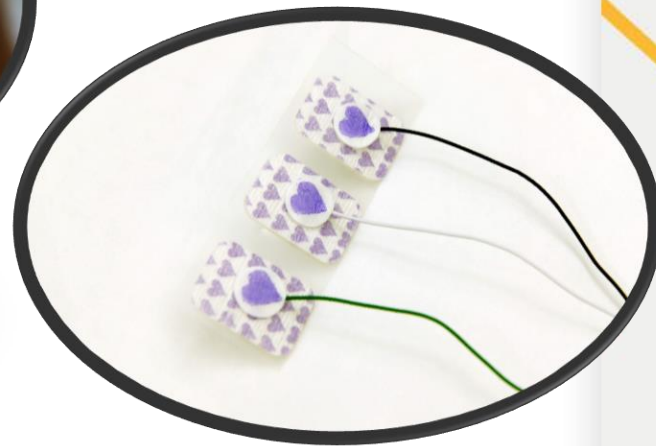
The room has bright lights. I am safe.



A nurse will help me move to the bed.
They will bring me a blanket so I can stay warm.

Everyone in the Surgery Room will be wearing a hat, eye glasses, and a mask.

The doctors and nurses will take care of me.



My arm will get another hug from the blood pressure cuff.

I will get another sticker on my finger.

The nurse will place special stickers on my chest to check my heart beat.

The stickers will feel cold but I am ok.

Sleepy Medicine



I will need to wear a special mask.
This make will help me fall asleep for surgery.

My job is to take big breaths, like blowing up a balloon or blow out candles.

Wake Up Room

This is the room I will wake up in when my surgery is all done.



A nurse will take care of me while I am here.

It is ok to feel tired and sleepy.



Going Home



When it is time to go back to my room my nurse will take me.

My family will be in my room.

I can have a drink.

I can have popsicles and juice.

Final Thoughts and Questions

Ask for the Sensory Pathway when you arrive.

More about the Sensory Pathway follow the link below.

<https://www.youtube.com/watch?v=tHJw8FtD8AE>

If you have questions, be sure to ask!

You're going to do GREAT!!



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