

# MASK TIPS



Children's  
of Alabama®

Follow these instructions to properly wear and store your mask.



## HOW TO WEAR YOUR MASK:

- Make sure the mask securely covers your mouth and nose.
- Secure the mask behind both of your ears.

## HOW TO STORE YOUR MASK WHEN NOT WEARING:

- Place mask on a clean paper towel, with the outside facing down and the ties kept away from the inside of the mask, or;
- Store in a clean paper bag.



## HOW NOT TO WEAR YOUR MASK



Do not wear the mask under your nose.



Do not wear the mask under your mouth or chin.



Do not tie the mask anywhere else on your body or let it hang from one ear.