

### **Education Visit #3**

\*\*\* Hemoglobin SC & S Beta + Patients Only\*\*\*

**Step 1: Ask if family has any questions from last visit.**

#### **Step 2: Education**

- Watch DVD: Education Visit #3: SC & SB + Thalassemia
- Review pain and severity of disease is **LESS** with these two types (especially SB + Thal)
- For SB+Thal – Do **NOT** emphasize pain
- For SC disease – Discuss that ~ 5% of patients with SC are as severe as SS/SB0Thal patients
- Handout on pain (for SC patients – give SC specific pain handout)
- Handout on pain (for SC patients – give SC specific pain handout)
- Handout on Hydroxyurea (for SC patients only)
- Give handout on how to dose Motrin/Tylenol
- Give samples of Ibuprofen & Tylenol (if available)

**Step 3: Administer Posttest 03 C**

**Step 4: Make 2 copies of test. Give one copy to family and review answers.**

**Step 5: Give patient's return to clinic information.**