

# Foley Cath





I am going to get a foley.

A foley is a bendy tube that will help remove urine, or my pee, from my body.



Before I get my foley I will need to take off my pants and underwear.

I can keep my hospital gown on.

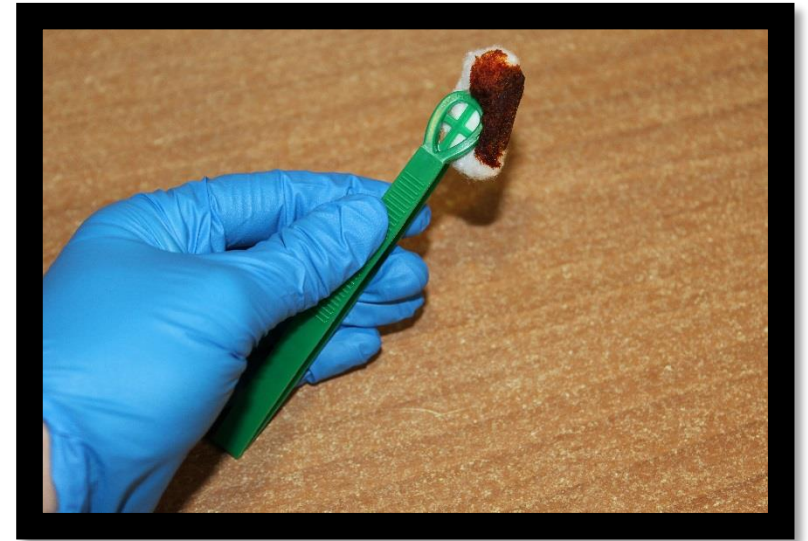


I will then lay on my bed.



My nurse may ask me to sit like a frog or a butterfly.

This means I will place the bottoms of my feet together like this.



Next the nurse will clean the area where my pee comes out 3 times with brown soap.

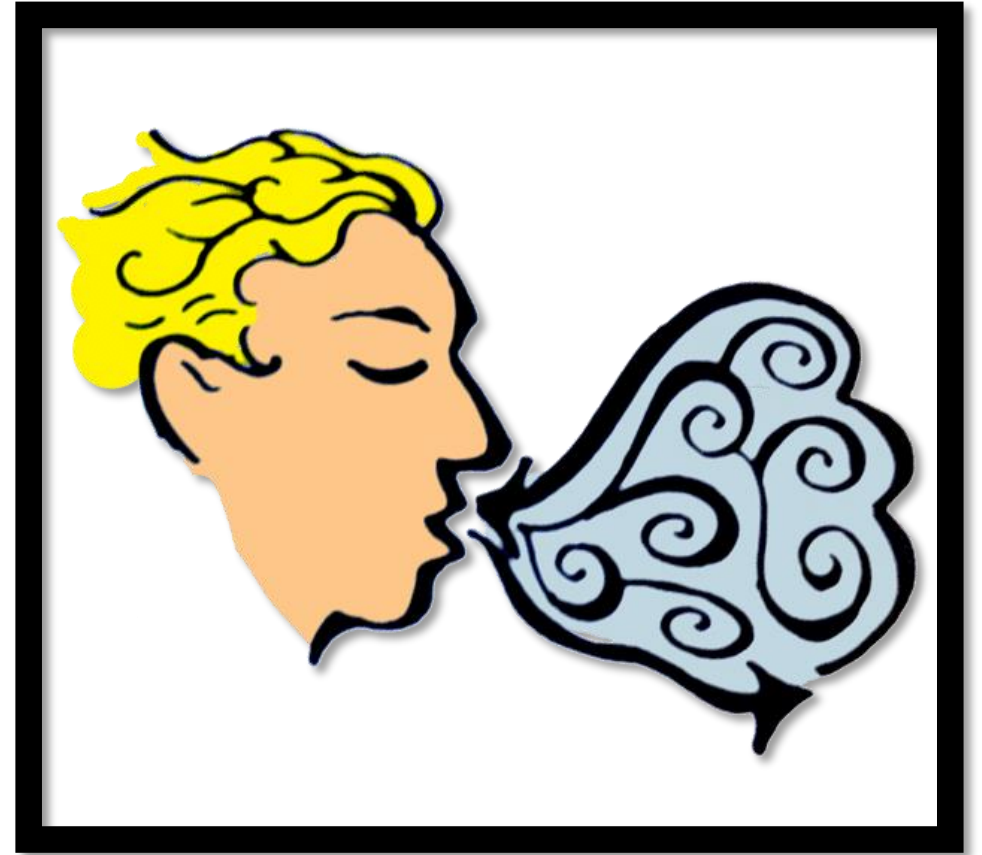
The soap may be on a soft cotton q-tip or cotton balls.

This may feel wet on my skin. This helps get rid of any germs on my skin.



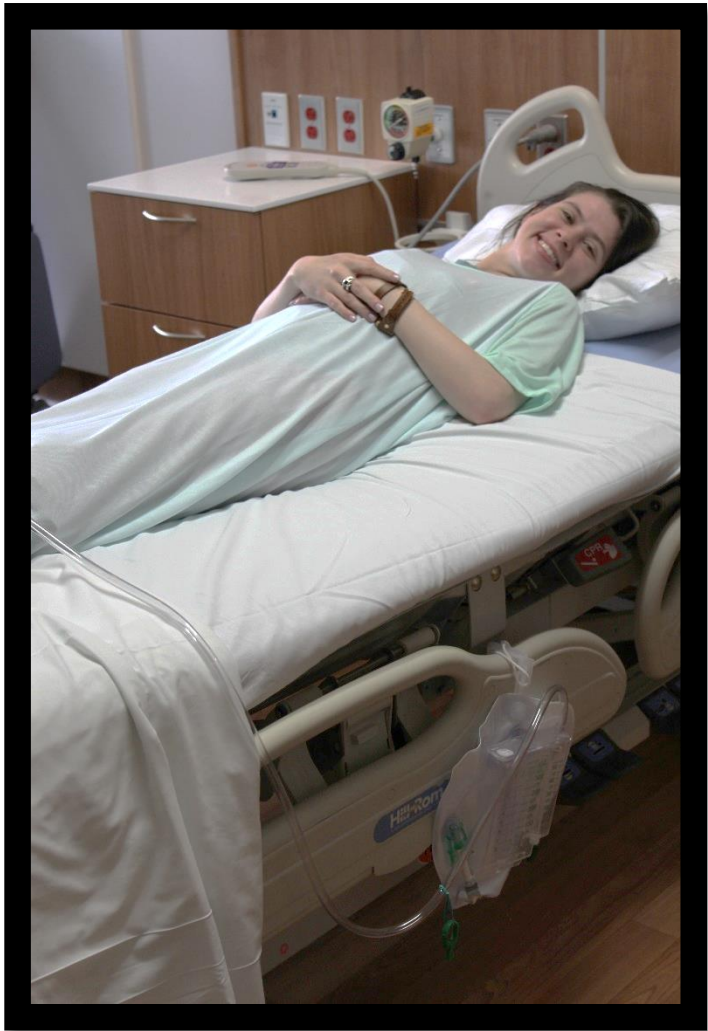
The nurse will then place the bendy tube into the opening where my pee comes out.

My job is to stay very still.



This may feel uncomfortable to me at first.

I can take big deep breaths to help me stay calm and relaxed.



After the tube is in the right place the nurse will tape the tube to my leg to keep the tube from moving.

The nurse will connect the tube to a bag that will hang from my bed.  
This bag will hold the pee that comes out of my body from the tube.

All done



I am all done.



This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)