



Children's
of Alabama

Tympanoplasty/Mastoidectomy

One Day Surgery • Post Operative Instructions

1600 7th Ave S • Birmingham, AL 35233 • 205.638.9100

What to Expect

- Your child will go home with a large bandage over the operative ear. There may be visible bloody drainage on the dressing at this time. If bright red bleeding occurs, please call the doctor's office or the ENT doctor on call.
- A slight elevation in temperature is normal for the first 24-48 hours. It should not go above 101° and it should not last more than 24 hours. If either occurs, notify your child's doctor.
- Your child may experience mild to moderate pain after surgery. Use pain medication as ordered for relief. You may alternate with Children's Motrin if needed for sufficient pain control.

Activity and Care

- The neoprene dressing may be removed the day after surgery. It can be worn for ear protection while sleeping. The ear canal may drain bloody/serous drainage for a few days post-op. Replace the gauze dressing as needed if soiled.
- Some patients will have an incision behind the ear. If that is the case with your child, clean the incision two times per day with peroxide on a cotton-tipped applicator, then apply Polysporin ointment to the incision with a clean applicator.
- No vigorous activity until after the post-op visit – no biking, no flying, no jumping and no playing of musical instruments.
- Your child may return to school five days after surgery unless otherwise instructed by the physician.
- A regular diet may be resumed at home the day of surgery.
- Do not permit your child to swim or get any water into the operative ear until he/she has been seen by their surgeon for their post-op appointment.

Medication

- A pain medicine may be prescribed for post-operative discomfort. As pain decreases, switch to Children's Tylenol, Motrin or Advil for pain relief.
- An oral antibiotic may be prescribed, if needed, by the physician.
- Begin using the prescribed ear drops five days after surgery. Fill the ear canal with drops at bedtime. This may increase or change color of the drainage from the ear. The packing in the ear canal will start to dissolve at this time. Continue ear drops until the first post-operative visit.
- A prescription for nausea (phenergan suppositories) may be given. Use them if nausea and vomiting persist.

When to Call Your Doctor

- Temperature over 101° or lasting for more than 24 hours
- Excessive nausea, vomiting or any concerns regarding dehydration
- For emergencies call 911.

Physicians:

Brian J. Wiatrak, MD, FAAP, FACS
Audie L. Woolley, MD, FACS

J. Scott Hill, MD, FAAP, FACS
W. Peyton Shirley, MD, FACS

Nicholas Smith, MD
Brian Kulbersh, MD

Telephone: (205) 638-4949 or for after routine office hours, call (205) 638-9100 and page the doctor on call for ENT.

For emergencies, call 911.

Parent/Guardian _____ Date _____

Nurse _____ Date _____

One Day Surgery Center • Russell Campus | One Day Surgery Center • Children's South