**Agenda**

**7:00 – 8:00**
Registration and Breakfast

**8:00 – 8:05**
Welcome & Introduction of Keynote Speaker
Jim Johnston, MD and Joe Ackerson, PhD

**SESSION I: KIDS AND CONTACT SPORTS**

**YES, NO, OR MAYBE?**
8:05 – 9:00
Concussion Care for Kids: We’ve Come a Long Way Baby! But…
Gerry Gioia, PhD

**9:00 – 10:00**
Youth Football – Yes, No, Maybe: What Does the Evidence Tell Us?
Joe Ackerson, PhD; Jim Johnston, MD; Chris King, ATC; and Matt Thompson, PsyD, ABPP

**10:00 – 10:15**
Break

**10:15 – 11:00**
Improving Football Helmet Design: What We Know and What We’re Doing About It
Blake Feltman and Thom Houston, MD

**11:00 – 11:45**
Women and Concussion: Does Gender Matter?
Sara Gould, MD; Erin Swanson-Kimani, MD; Coach Kat Nichols; Coach Janet Parks; Coach Alyssa Whitehead and Longley Polk

**11:45 – 12:00**
Pick up Lunch

**SESSION II: NO IMPROVEMENT? WHAT NOW?**

**7:00 – 8:00**
Registration and Breakfast

**8:00 – 8:05**
Welcome & Introduction of Keynote Speaker
Jim Johnston, MD and Joe Ackerson, PhD

**10:15 – 11:15**
A Caregiver’s Perspective
Joe Ackerson, PhD; Kimberly Drake; and Marjorie Trimm

**11:15 – 12:00**
Break

**12:00 – 12:45**
What Does Rehabilitation After Concussion Look Like?
Drew Davis, MD, FAAPMR, FAAP; Brynna Benefield, MS, CCC-SLP; and Tiffany McKleroy, PT, DPT

**12:45 – 1:15**
Return to Think: How is Learning Affected?
Maria Crowley, MA, CRC; and Laura Dreer, PhD

**1:15 – 2:00**
Communication Post Concussion: Helping Pave the Road to Recovery
Heath Hale, MD, MPH, CAQSM; and Laura Dreer, PhD

**2:00 – 2:15**
Break

**2:15 – 3:00**
Living Through Concussion: A Caregiver’s Perspective
Joe Ackerson, PhD; Kimberly Drake; and Marjorie Trimm

**3:00 – 3:30**
UAB/Children’s of Alabama Concussion Research Initiatives, Opportunities and Updates: Translating Science into Better Prevention, Detection and Management of Concussions
Laura Dreer, PhD

**3:30 – 4:15**
Closing Remarks
Jim Johnston, MD

**Learning Objectives**

**Concussion Care for Kids:**
1. Describe the elements of the Four Corners community-based model of youth concussion care
2. Discuss the multimodal approach to the assessment of youth concussion
3. Identify three elements in the workflow in returning students to school following concussion

**Youth Football, Yes, No, Maybe: What Does the Evidence Tell Us?**
1. Identify biomarkers of concussion in youth
2. Identify neuropsychological outcomes associated with youth football
3. Discuss the impact that rule and practice changes and new technology are having on youth football

**Improving Football Helmet Design:**
1. Describe overview of current clinical concussion management
2. Discuss current investigations into concussion-related diagnosis and prognosis
3. Explain future prospects in concussion research and technology development

**Living Through Concussion:**
1. Demonstrate understanding of the psychological impact of concussions on families and caregivers
2. Articulate important information to provide caregivers in order to empower them
3. Identify community resources available for caregivers

**Communication Post Concussion:**
1. Recognize critical need for RTT protocol and concussion management for educators, students and families
2. Summarize current status of RTT scientific research
3. Report national and statewide initiatives for RTT initiatives
4. Review local resources to access assistance with RTT

**Women and Concussion: Does Gender Matter?**
1. Indicate whether females concuss differently than males
2. Discuss concussion management issues unique to female concussions
3. Recognize how a concussion impacts the whole family system

**What Does Rehabilitation After Concussion Look Like?**
1. Review the evidence for and role of activity-based rehabilitation in the treatment of concussion
2. Review the evidence for and role of vestibular rehabilitation in the treatment of concussion
3. Review the evidence for and role of cognitive rehabilitation in the treatment of concussion

**Closing Remarks**

**Abbreviations and Credits**

- APA: American Psychological Association
- BOC: Board of Certification
- CEU: Continuing Education Unit
- UAB: University of Alabama at Birmingham
- MD: Doctor of Medicine
- MS: Master of Science
- PsyD: Doctor of Psychology
- ATC: Athletic Training Certificate
- SLP: Speech Language Pathology
- PhD: Doctor of Philosophy
- FAAP: Fellow of the American Academy of Physical Medicine and Rehabilitation
- FAAPMR: Fellow of the American Academy of Physical Medicine and Rehabilitation
- CAQSM: Certified Athletic Trainer in Sports Medicine
- RRFA: Registered Rehabilitation Counselor
- CCM: Certified Case Manager
- MSSA: Master of Social Work
- LMT: Licensed Massage Therapist
- RPT: Registered Physical Therapist
- PT: Physical Therapist
- DPT: Doctor of Physical Therapy
- BA: Bachelor of Arts
- BS: Bachelor of Science
- FAP: Fellow of the American Psychological Association
- FAPA: Fellow of the American Psychological Association
- AAPA: American Academy of Physical Medicine and Rehabilitation
- AOTA: American Occupational Therapy Association
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FOR ONLINE REGISTRATION, please visit ChildrensAL.org/concussion
Or complete the form below and mail, email or fax registration form and payment to:
Tiffany Kaczorowski
Corporate Communications
Children’s of Alabama
1600 7th Avenue South, Birmingham, AL 35233
Please make checks payable to Children’s of Alabama with Concussion Summit noted in the memo space.

$25 to Attend
(includes continental breakfast and lunch)
There will be no refunds.

NAME/TITLE ________________________________________________
ADDRESS _______________________________________________
PHONE __________________________________________________ 
FAX _____________________________________________________ 
EMAIL __________________________________________________

___ PHYSICIAN  ___ NURSE  ___ ATHLETIC TRAINER  ___ PARENT/ATHLETE
___ OTHER HEALTH CARE PROFESSIONAL  ___ COACH/ATHLETIC COMMUNITY PROFESSIONAL
___ EDUCATION/SCHOOL SYSTEM PROFESSIONAL  ___ Check here if a Children’s or UAB employee.

Special dietary needs _________________________________________

Parking will be available free of charge
in the Children’s Park Place Deck.
The entrance to the deck is at
16th Street South and 5th Avenue South.

Questions?
Please call Tiffany Kaczorowski at 205.638.6916.
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Head Athletic Trainer
Alabama Athletic Trainers Association President
Alabama Board of Athletic Trainers Board Member
Southeastern Athletic Trainers Association Board Member

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Kat Nichols
Girls Staff Coach
Vestavia Hills Soccer Club

Janet Parks
Birmingham United Soccer Association
Select Coach

Alyssa Whitehead
Samford Soccer Assistant Coach
Samford Athletics

Langley Polk
Student, Bob Jones High School
Parent

Drew Davis, MD, FAAPMR, FAAP
Division Director and Associate Professor
Pediatric Rehabilitation Medicine
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