The purpose of this course is to improve the nutritional status of infants, children and adolescents by updating health professionals in infant, child and adolescent nutrition at both the individual and public health level. The course will provide leadership training in pediatric/adolescent nutrition by developing high levels of clinical competence; provide instruction in nutrition needs and services for children, and providing training in systems of delivery of nutrition care. This course is designed for pediatric practitioners including dietitians, nurses, nutritionists, pediatric nurse practitioners, physicians and other professionals who are involved in the care of children.

Course Directors
- Bonnie A. Spear, PhD, RD - Project Director
- Charlene Rhodes - Project Administrator
- Harriet Cloud, MS, RD - Consultant
- Suzanne Geerts - MS, RD - Special Needs Coordinator

For more information contact:
- Bonnie A. Spear, PhD, RD - Project Director
  (205) 638-6299
- Charlene Rhodes - Project Administrator
  (205) 638-6299

General Information
Registration Fee:
The registration fee for the four day program is $275.00. This includes daily continental breakfast, refreshments breaks and all handout materials. Deadline for registration is February 1, 2013. Since space is limited, participants will be taken on a first come basis. All registration fees, with the exception of a $10.00 administrative fee will be refunded if written cancellation is made by February 5, 2013. No refunds are available after this date.

Location/Lodging:
The conference will be held at the Birmingham Hilton Perimeter Park located at 8 Perimeter Park South, Birmingham, AL 35243. A special conference rate has been secured at $129.00 single/double. This price includes a complimentary shuttle bus to and from the airport. Reservations are required for airport shuttle.

Continuing Education
26 hours of continuing education has been requested for Dietitians and Diet Technicians. Continuing education has been requested from the Alabama Board of Nursing.

http://adolescent.chsys.org
All information, agenda, and registration forms can be found on our website at http://adolescent.chsys.org. Then go to What’s New/Conferences/Events, then to 2013 Intensive Course.

To arrange reservations, please contact the Birmingham Hilton Perimeter Park, 8 Perimeter Park South, Birmingham, AL 35243. Phone (205) 638-2700. To guarantee receiving the group rate, attendees must identify themselves as registrants for the Pediatric Nutrition Course. The cut-off date for such reservations is Friday, February 1, 2013. Airport shuttle provided with reservation.

Other accommodations are available at Homestead Studio Suites, 12 Perimeter Park South, Birmingham, AL 35243, located 4-5 blocks from the Hilton Perimeter Park South. Phone (205) 967-3800. Rate of $55.00 per single/$70.00 double. There is no shuttle to or from the airport which is generally a $35.00-$40.00 rate.

If you are interested in sharing a room, indicate on the registration form. A list of other participants who are interested in sharing a room will be mailed to you.

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Common Inherited Disorders of Metabolism
LAUREN DOIG, MA, RD
Cystic Fibrosis
NANCY WOODGEE, MS, RD
Community Assessment
BETH MAUGHA, EID, RD
1100-1200 P.M.

Session 1
Parenteral Feeding Nuts and Bolts
TBA

Session 2
Developing a Community Nutrition/Physical Activity Intervention
BETH MAUGHA, EID, RD
Nutrition and Renal Disease
MICHELLE JEFFCOAT, MS, RD
The Gluten Free Diet Is it appropriate for children with Autism
LAUREN DOIG, MS, RD
Nutrition and Cardiology
SUZ TEKE, MS, RD
Sports Nutrition
BONNIE SIEK, RD, PhD

Tuesday, February 26, 2013: 8:00 A.M.-5:00 P.M.

Common Nutrition and Feeding Problems
Treatment of Common GI Concerns
KIRK THAMES, MD
Food and Disease = Bosphinophilic Esophagitis and Celli Disease
KIRK THAMES, MD
Feeding Assessment for Children with Feeding Problems
HAROLD CLOUD, MS, RD
AMY ELMORE, OT
Understanding Life Course Theory and Application to Pediatric Nutrition
BONNIE SIEK, RD, PhD

Food insecurity and Obesity: The Paradox
LINDA KNIOL, PhD, RD
Using Urban Gardens to Teach Children Healthy Nutrition
BRIAN KERR, RD
How do I know what is credible on the Internet?
BRIAN F. GEEHR, EID, FAAHE

Wednesday, February 27, 2013: 8:00 A.M.-12:00 NOON

HOT TOPIC in Pediatric Nutrition
Uric Acid Metabolism Syndrome and the High Fructose Corn Syrup Connection
MICHIELE JEFFCOAT, MS, RD, LD
Nutrition Assessment and Treatment of Pediatric Allergies
LYNN GUEST, MS, RD, LD
Maternal Gestational Glucose and Childhood Obesity
PALLA C. CANDLER-LARKY, PhD
Use of Alternative Medicine in Pediatrics
GLENDA L. SMITH, PhD, RNC, NNP-BC, PNP-BC

Registration is limited to 100 attendees.

Please fill out this application form and return by February 1, 2012.

Registration Fee $275.00

Laura VanDyke, MS, RD - Clinical Coordinator
Pediatric Nutrition, Department of Pediatrics, UAB

Nutrition for the Toddler through Childhood and Beyond
MAGDALENE BARR, PhD, RDC

Asthma
MAGDALENE BARR, PhD, RDC

Pediatric Growth and Development
Session 2
Welcome/Introductions/Housekeeping Details
Breathing and Cultural Feeding
THEODORA JOHNSON, DCN, MPH, RD
Infant Feeding Growth, Infant Formulas & Feeding
HAROLD CLOUD, MS, RD
Nutrition for the Toddler through Middle Childhood
NANCY WOODGEE, MS, RD
Adolescent Nutrition and School Nutrition
BONNIE A. SIEK, PhD, RD
Failure to Thrive
NANCY WOODGEE, MS, RD
CLARE LENCES, MS, LCSW, CCM
Eating Disorders in Adolescents
BONNIE A. SIEK, PhD, RD
MAGDALENE BARR, PhD

Monday, February 25, 2013: 8:00 A.M.-12:00 NOON

Common Pediatric Nutrition
Simultaneous Sessions
8:00-10:00 A.M.

Session 1
Asthma
NANCY WOODGEE, MS, RD
Intervention with Children with Special Needs: Case Studies
SUZANNE GAVET, MS, RD
HAROLD CLOUD, MS, RD
FADA

Session 2
Nutrition and BPD
MELISSA HUGUENIN, MSN, CRNP

JANNA JACOB, RN, CPNP

Session 3
Common Inherited Disorders of Metabolism
LAUREN DOIG, MA, RD
Cystic Fibrosis
NANCY WOODGEE, MS, RD
Community Assessment
BETH MAUGHA, EID, RD
1100-1200 P.M.

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