Purpose

The purpose of this course is to improve the nutritional status of infants, children and adolescents by updating health professionals of infant, child and adolescent nutrition at both individual and public health level. The course will provide leadership training in pediatric/adolescent nutrition by developing high levels of clinical competence; provide instruction in nutrition needs and services for children and providing training in systems of delivery of nutrition care. This course is designed for pediatric practitioners including dietitians, nutritionist, pediatric nurse practitioners, physician and other professionals who are involved in the care of children.

Course Directors

Bonnie A. Spear, PhD, RD - Project Director
Harriet Cloud, MS, RD - Consultant
Suzanne Gentry, MS - Project Needs Coordinator

For more information contact:
Bonnie A. Spear, PhD, RD - Project Director
(205) 939-9254

Adolescent Medicine
University of Alabama at Birmingham
1600 7th Avenue S, CPPI 410
Birmingham, Alabama 35233

General Information

Registration Fee

The registration fee for the four day program is $275.00. This includes daily continental breakfast, refreshments breaks and all handout materials. Deadline for registration is February 1, 2011. Space is limited; participants will be taken on a first come basis. All registration fees, with the exception of a $10.00 administrative fee will be refunded if written cancellation is made by February 1, 2011. No refunds are available after this date.

Location/Lodging

The conference will be held at the Wynfrey Hotel located at the Riverchase Galleria. A special conference rate of $137.00 single/double. Please reference Pediatric Nutrition Course when making reservations. Reservation cut-off is February 15, 2011. NOTE: Wynfrey Hotel does not provide airport transportation, but a shuttle is available to the Galleria from 7 a.m. – 8 p.m. Participants are encouraged to park in a shuttle area and enjoy refreshments breaks and all handout materials.

Continuing Education

28 hours of continuing education has been approved for Dietitians and Diet Technicians. Continuing education has been requested from the Alabama Board of Nursing.

http://adolescent.chsys.org

All information, agenda, registration forms can be found on our website at http://adolescent.chsys.org. Then go to Conference/Events - then to 2011 Intensive Course.

To arrange reservations, please contact the Wynfrey Hotel, 1600 Riverchase Galleria, Birmingham, AL 35244. Phone (205) 978-1600, or (800) 399-3009. To guarantee receiving the group rate, attendees must identify themselves as registrants for Pediatric Nutrition Course.

The cut-off date for such reservations is January 19, 2011. Other accommodations are available at Best Western Riverchase Inn, 1800 Riverchase Drive, Birmingham, AL 35244, located 4 ½ blocks from the Wynfrey.

Phone (205) 978-9200 or (800) 399-3009. A special conference rate of $137.00 per single/double. Please reference Pediatric Nutrition Course when making reservations. Reservation cut-off is February 15, 2011. NOTE: Riverchase Inn does not provide airport transportation, but a shuttle is available to the Galleria from 7 a.m. – 8 p.m. Participants are encouraged to park in a shuttle area and enjoy refreshments breaks and all handout materials.

CPE: The program has been approved by the American Dietetic Association (40 pre-conference work/shell study plus 6 hours of conference = 46 CPE hours).

For detailed agenda and registration form under what’s new on the website.

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Other accommodations are available at Best Western Riverchase Inn, 1800 Riverchase Drive, Birmingham, AL 35244. Phone (205) 985-7500 or 1 (800) 239-2401. A special conference rate of $65.00 per single/double. Please reference Pediatric Nutrition Course when making reservations. Reservation cut-off is February 15, 2011. NOTE: Best Western Riverchase Inn does not provide airport transportation, but a shuttle is available to the Galleria from 7 a.m. – 8 p.m. Participants are encouraged to park in a shuttle area and enjoy refreshments breaks and all handout materials.

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Nutrition for the Toddler through Middle Childhood
Bonnie A. Spear, PhD, RD

Session 5 & 6: Saturday, February 19, 2011

Friday, February 25, 2011

Nutrition and Community Nutrition

Evaluation of Nutrition Education Programs

Session 7: Saturday, February 19, 2011

Common Inherited Disorders of Metabolism

Session 4: Saturday, February 19, 2011

Community Assessment

Feeding Assessment for Children with Feeding Problems

Saturday, February 20, 2011

Meeting Details
Nutrition Assessment and Treatment of Common GI and Feeding Problems

Welcome/Introductions/Housekeeping Details

Overview with feeding problems

Nutritional Intervention in Celiac Disease

Children with Celiac Disease, Birmingham, AL

Tuesdays, February 8, 2011

A Focus on Nutrition Education: What is the New Research and Recommendations for Calcium and Vitamin D and Children and Adolescents

Thursday, February 17, 2011

Nutritional Intervention in Crohn’s Disease and Regional enteritis

Tuesday, February 1, 2011

Special Needs: Case Studies

Eating Disorders in Adolescents

Sue Skele, MS, RD

Nutritional and Dietetic Challenges in Eating Disorders in Adolescents

Session 2: Saturday, February 19, 2011

Nutrition for Infants

Infant Feeding: Growth, Infant Formulas and Feeding Assessment

Monday, February 21, 2011

Common Pediatric Nutrition

Nutrition for the Toddler through Middle Childhood

Nutrition and the Role of the Dietitian in the Management of Celiac Disease

Tuesday, February 22, 2011

Holly Sanders, MS, RD

Physical Activity Intervention

Nutritional Intervention in the Northwest European Healthy Start Evaluation

Counseling children with feeding problems

Feeding Assessment for Children with Feeding Problems

Wednesday, February 23, 2011

The Role of Pre- and Pro-Biotics in Pediatric Nutrition

Undergraduate Dietetics and Nutrition

Thursday, February 24, 2011

Lauren Dixon, BS, RD - Nutritional Sparks Clinics, Department of Nutrition Sciences, The University of Alabama at Birmingham

Common GI and Feeding Problems

Thursday, February 24, 2011

Lauren Dixon, BS, RD - Nutritional Sparks Clinics, Department of Nutrition Sciences, The University of Alabama at Birmingham

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