

ONE DAY SURGERY • PRE-OP
INFORMATION SHEET

Parents/ Guardians Please Read
Important Surgery Information

ARRIVAL INFORMATION

Please arrive at Children's Hospital

_____ at _____ as scheduled by your child's physician.

Month Day Year Time

If you have any questions as to your arrival time please contact
Your physician's office.

Thank you for choosing our One Day Surgery for your child's upcoming surgery or procedure. Our goal is to provide the best possible care for you and your child. In order to accomplish this goal, we have developed these helpful guidelines for you to review before surgery. The One Day Surgery staff is eager to serve you. If you have any questions, please call us at (205) 638-9596.

Please do not give ANYTHING to eat after midnight. From midnight until 4:00 a.m. your child may have only clear liquids to drink, these may include water, apple juice, tea sprite, Pedialyte, white grape juice, Gatorade or jello, unless otherwise instructed by your physician's office.

The Day Before Surgery:

1. Call your physician if your child develops fever, cold, rash or has been exposed to any contagious illnesses (especially chicken pox).
Your physician may wish to postpone your child's outpatient procedure or refer you to your regular pediatrician for a letter of clearance prior to having surgery.
2. Your physician will discuss pre-op instructions and arrival time with you as well. If you have any questions regarding your special instructions and/or arrival time please contact your physician.
3. **It is important that your child's stomach be empty before undergoing anesthesia for surgery.**
No solid food is allowed after midnight on the night before your child's procedure, which also includes formula, milk products, orange juice, breast milk, cereal, gum or hard candy.
4. Patients should bathe the night before surgery and brush teeth if appropriate.

The Day of Surgery:

1. Please bring your parking ticket to One Day Surgery when you arrive. One vehicle per patient may be parked at no charge.
2. Patients under 19 must be accompanied by the custodial parent or a legal guardian. One parent or guardian **must** remain on the unit at all times.
3. All patients must be accompanied by a responsible adult. Patients are not permitted to drive after anesthesia and surgery.
4. Due to the size constraints, only two visitors (parents, legal guardian) at a time are allowed to stay with the patient in their room pre and post-op.
5. Between October 1st and April 1st, visitors to our surgical areas and inpatient units, must be at least 12 years of age and illness symptom free.

Checklist for the Day of Surgery:

Please feel free to bring the following items with you to One Day Surgery (these items may enhance your child's surgery experience):

- ___ Comfort items (i.e. pacifier, blanket, pillow, stuffed animal, PJ's, house shoes)
- ___ Special items (i.e. sippy cups, special bottles, breast milk pump, feeders, diapers & wipes)
- ___ Place a towel in your car (some children experience nausea and vomiting after surgery and during the car ride home)
- ___ Please dress your child in comfortable, loose fitting clothing.
- ___ Please bring your child's One Day Surgery Booklet if your physician has given it to you.

Please remove the following items prior to arrival at the hospital (**these items are not allowed in the operating room**):

- ___ Jewelry, including earrings and any body piercings
- ___ Metal hair clips, braids etc.
- ___ Nail polish on fingers or toes
- ___ Contacts (Please bring your contact case and supplies)
- ___ Eye glasses (Glasses will be removed prior to entering operating room)