

# ThinkFirst

ThinkFirst is a National Injury Prevention Foundation dedicated to preventing brain, spinal cord and other traumatic injuries through the education of individuals, community leaders and the creators of public policy.



**In a matter of seconds...  
A life can be changed FOREVER!**

**Start the school year off safely by  
reminding students to THINK FIRST!**

This **FREE** brain and spinal cord injury prevention program of Children's of Alabama is part of a national organization with the goal to prevent traumatic injuries among young people by teaching them to think first and use their minds to protect their bodies.

## **ThinkFirst for Kids (Elementary School)**

This program uses developmentally appropriate messages to help children to develop lifelong safety habits to minimize their risk for sustaining brain and spinal cord injuries. There are fun interactive games to reinforce these safety messages.

## **ThinkFirst for Teens (Middle/High School)**

This program targets junior and senior high students and provides the message to "use your mind to protect your body!" This goes more in depth into the consequences of high-risk behaviors using an upbeat, age-appropriate videos and VIP's or Voices for Injury Prevention. These are real people who have sustained a brain or spinal cord injury that are willing to come share their stories and really "tell it like it is".

**Reservations for the ThinkFirst Brain and Spinal Cord Injury Prevention program  
are currently being taken for the 2023-2024 school year.**

**Interested in having this program at your  
school or organization?**

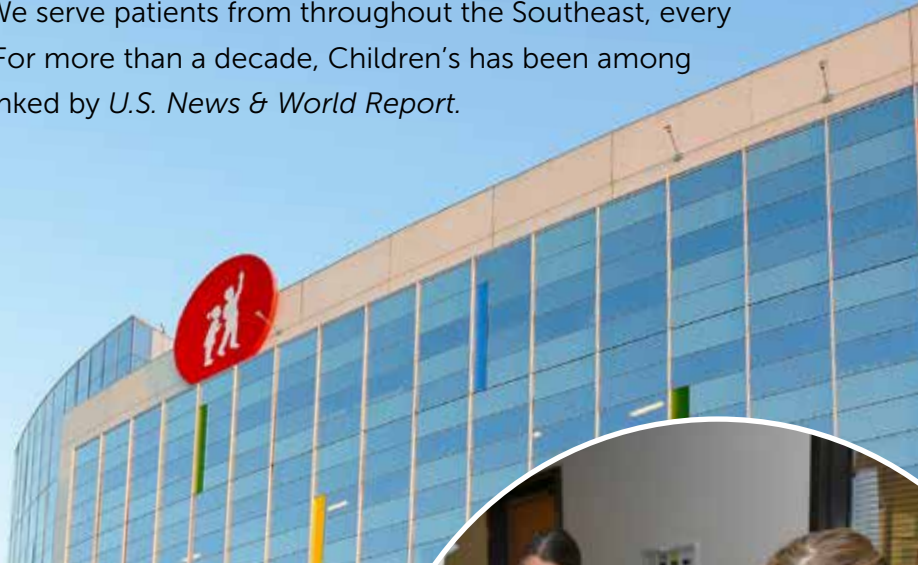
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Children's  
of Alabama®

# WORLD-CLASS CARE. LOCAL ROOTS.

From our start in 1911 to our current campus on Birmingham's Southside, our team continues to make a difference in the lives of children. We serve patients from throughout the Southeast, every county in Alabama and nearly every state. For more than a decade, Children's has been among the top 50 "Best Children's Hospitals" as ranked by *U.S. News & World Report*.



When it comes to caring for children,  
**"GOOD ENOUGH"**  
is simply not good enough.

That's why, at Children's of Alabama, our team has the most inquiring minds, the most skilled hands and the most compassionate hearts in pediatric healthcare.

Each day, every one of our healthcare professionals makes a promise to the children of Alabama to provide a level of world-class care that leads to better tomorrows.

Practice with an organization that is nationally-recognized as a cutting-edge teaching and research facility.

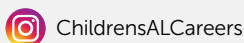
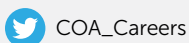
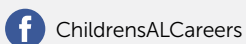
At Children's, we value employees who have a passion for caring for children.

We're ready  
for you to join a  
**CARING TEAM!**

Applications are accepted Monday through Friday from 8:30 a.m. until 4 p.m. at Children's of Alabama Human Resources, located at 1620 4th Avenue South, Suite 202.

Parking is available in the deck at 1601 5th Avenue South.

Apply online at [ChildrensALCareers.org](https://www.ChildrensALCareers.org)



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