




COVID-19, Allergies, Cold or Flu?



Children's
of Alabama

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SYMPTOMS	COVID-19	ALLERGIES	COLD	FLU
cough 	common	rare	common	common
hard to breathe 	sometimes	no (unless it triggers asthma)	no (unless it triggers asthma)	no (unless it triggers asthma)
sneezing 	no	common	common	no
runny nose 	sometimes	common	common	sometimes
sore throat 	sometimes	sometimes (usually mild)	common	sometimes
fever 	common	no	sometimes	common
chills 	sometimes	no	no	sometimes
fatigue 	common	sometimes	sometimes	common
headache 	sometimes	sometimes	rare	common
body aches 	sometimes	no	sometimes (usually mild)	common
diarrhea 	sometimes	no	no	sometimes (in children)
nausea 	sometimes	no	no	sometimes (in children)
loss of taste/smell 	sometimes	rare	rare	rare