



Children's
of Alabama

Pharmacy Resident Duty Hours Policy

Disclaimer

PDF DISCLAIMER LEGAL NOTICE: This PDF was requested on 10/13/2021 and will be made available in the Lucidoc application until midnight on the requested day. PDFs should not be used as official documentation. Contents of official documents are subject to change without notice. Lucidoc makes no representation or warranty whatsoever regarding the completeness, accuracy, "up-to-dateness", or adequacy of the information or materials contained herein. Please refer to Lucidoc for the most up to date information.

CONFIDENTIALITY LEGAL NOTICE: This PDF may contain confidential information and is intended solely for the addressee. The information may also be legally privileged. This transmission is sent in trust, for the sole purpose of delivery to the intended recipient. If you have received this transmission in error, any use, reproduction, or dissemination of this transmission is strictly prohibited. If you are not the intended recipient, please immediately notify the sender and permanently delete this file.

Approvals

- Committee Approval: Rx Leadership P&P Committee approved on 10/12/2021
-

Revision Insight

| | |
|-------------------------|--|
| Document ID: | 10374 |
| Revision Number: | 4 |
| Owner: | Melissa Bishop, Med Safety PI Pharmacist |
| Revision Official Date: | 10/12/2021 |

Revision Note:

11/06/2019 routine review; part of resident coordinator's 2020 goals; 8/20/2021 transforming into two separate policies--duty and moonlighting; 9/3/2021 updated by Rx ResdCO; feedback closes 9/27/2021; 10/13/2021 requested by Rx ResCo: change "publication" to "policy" and archive duplicate document "Pharmacy Resident Tracking of Duty Hours"



Pharmacy Resident Duty Hours Policy

I. Purpose

Children's of Alabama believes that residency training should be a full-time educational experience. Providing residents with a sound academic and clinical education must be carefully planned and balanced with concerns for patient safety and resident well-being. Residents should not be diverted from the primary responsibilities of their educational activities and of the management of patients charged to their care by excessive service obligations.

II. Scope

Applies to pharmacy staff involved with the postgraduate year one pharmacy residency program

III. Policy

This policy establishes the requirements for duty hours performed by residents in the postgraduate year one pharmacy residency program. The ASHP duty hour requirements for pharmacy residency programs must be followed by the program and the residents. Monitoring of duty hours is the responsibility of the Residency Program Director (RPD) and is required with frequency sufficient to ensure an appropriate balance between education and service.

IV. Procedure

1. DUTY HOURS

- a. Resident duty hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all in-house activities and all moonlighting.
- b. Residents must have a minimum of one day in seven free of duty (when averaged over four weeks). At-home call cannot be assigned on these free days.
- c. Residents should have 10 hours free of duty between scheduled duty periods, and must have at a minimum 8 hours between scheduled duty periods.
- d. Continuous duty periods of residents should not exceed 16 hours. The maximum allowable duty assignment must not exceed 24 hours even with built in strategic napping or other strategies to reduce fatigue and sleep deprivation, with an additional period of up to two hours permitted for transitions of care or educational activities.

2. ON-CALL ACTIVITIES

- a. At home call must not be so frequent or taxing as to preclude rest or reasonable personal time for each resident.
- b. At-home call hours are not included in the 80 hours a week duty hours' calculation, unless the resident is called into the hospital.
- c. If a resident is called into the hospital from at-home call, the time spent in the hospital must count towards the 80-hour maximum weekly hour limit.
- d. The frequency of at-home call must satisfy the requirement for one day in seven free of duty, when averaged over four weeks. No at-home call can occur on the day free of duty.
- e. The pharmacokinetics preceptor, RPD, or other designee will determine the level of supervision provided to residents during at-home or other call as appropriate for the stage of the residents' training and their overall assessed progress and competence in call-related activities.
- f. The pharmacokinetics preceptor, RPD, or other designee will evaluate the impact on residents of the at-home call program at least quarterly and at any time concerns arise to ensure there is not a negative effect on patient care or residents' learning due to sleep deprivation or serious fatigue.

3. MONITORING OF DUTY HOURS

- a. The RPD will assign a "customized" evaluation in PharmAcademic™ on a monthly basis for the reporting of duty hours, which the resident will complete for the past month and the RPD will review and co-sign.
- b. The RPD must ensure that there is not excessive reliance on residents to fulfill service obligations that do not contribute to the educational value of the residency program or that may compromise their fitness for duty and endanger patient safety.

V. Definitions

Continuous Duty: Assigned duty periods without breaks for strategic napping or resting to reduce fatigue or sleep deprivation.

Duty hours: Duty hours are defined as all scheduled clinical and academic activities related to the pharmacy residency

program. This includes inpatient and outpatient care, in-house call, administrative duties, and scheduled and assigned activities, such as conferences and committee meetings, which are required to meet the goals and objectives of the residency program. Duty hours must be addressed by a well-documented, structured process. Duty hours do not include: reading, studying, and academic preparation time for presentations or journal clubs; or travel time to and from conferences; and hours that are not scheduled by the RPD or preceptor(s).

Moonlighting: Voluntary, compensated, pharmacy-related work performed outside the organization (external), or within the organization where the resident is in training (internal), or at any of its related participating sites. These are compensated hours beyond the resident's salary and are not part of the scheduled duty periods of the residency program.

RAC: Residency Advisory Committee

RPD: Residency Program Director

Scheduled duty periods: Assigned duties, regardless of setting, that are required to meet the educational goals and objectives of the residency program. These duty periods are usually assigned by the RPD or preceptor(s) and may encompass hours which may be within the normal workday, beyond the normal work day, or a combination of both.

Strategic napping: Short sleep periods, taken as a component of fatigue management, which can mitigate the adverse effects of sleep loss.

VI. Processes

None listed.

VII. Reference/Regulations

Pharmacy Specific Duty Hours Requirements for the ASHP Accreditation Standards for Pharmacy Residencies; www.ASHP.org

DOCUMENT OWNER: Melissa A. Bishop - Med Safety PI Pharmacist
COMMITTEES: Rx Leadership P&P Committee (10/12/2021)
ORIGINAL EFFECTIVE DATE: 09/29/2011
REVISED: 09/29/2011, 03/14/2014, 10/28/2014, 01/27/2017, 10/12/2021
REVIEWED: 12/27/2012
ATTACHMENTS: [Pharmacy Resident Applicant Evaluation and Selection Procedures](#)
[Pharmacy Resident Dismissal and Disciplinary Policy](#)
[Pharmacy Resident Leave Policy](#)
[Pharmacy Resident Preceptor Requirements](#)
[Pharmacy Resident Program Completion Requirements](#)
www.ASHP.org

Paper copies of this document may not be current and should not be relied on for official purposes. The current version is in Lucidoc at

[https://www.lucidoc.com/cgi/doc-gw.pl?ref=childrensal:10374\\$4](https://www.lucidoc.com/cgi/doc-gw.pl?ref=childrensal:10374$4).