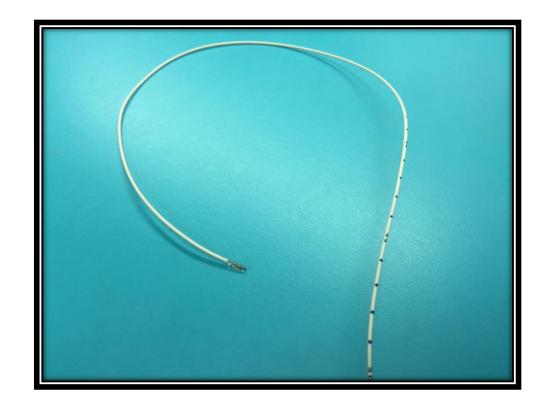
pH Probe Test





I am at the hospital to have a special test done called a pH prob test.

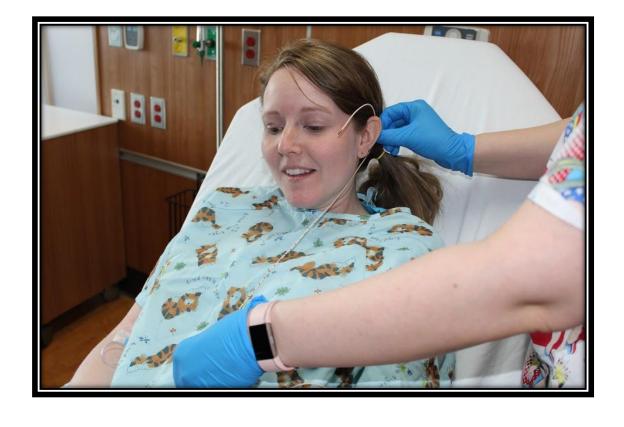
A pH probe is a small bendy tube will help the doctors learn more about my body.



For my pH probe I can choose to sit in someone's lap or by myself.

My big job is to keep my head and body very still. If I have a hard time staying still by myself someone can help hold my head to remind me to stay still.

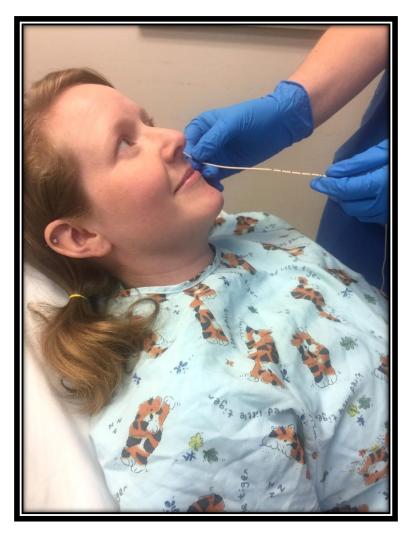




First the nurse will measure from my nose to my ear using the bendy tube.

The nurse will then measure from my ear to my sternum.

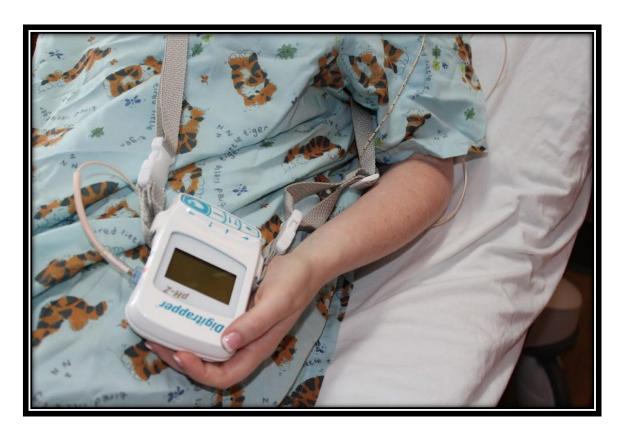
My sternum is below my chest and above my belly button.



I am now ready for my pH probe
The nurse will start to slide the tube into my nose.
This may tickle my nose and throat and make me cough.
I can help the tube go to the right place faster by swallowing like when I drink my favorite drink.



The nurse will then use tape and band aids to keep the tube in place until I do not need it anymore.





My pH probe will then be plugged into a small computer that looks like this. The computer has a strap so I can wear it while I play or walk around.



While I have my pH probe it is important that I wait 4 hours between meals to eat. This helps my test work better so the doctors can take the best care of my body.



There are lots of fun things to do at the hospital while I have my test.

I am going to do great!

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)