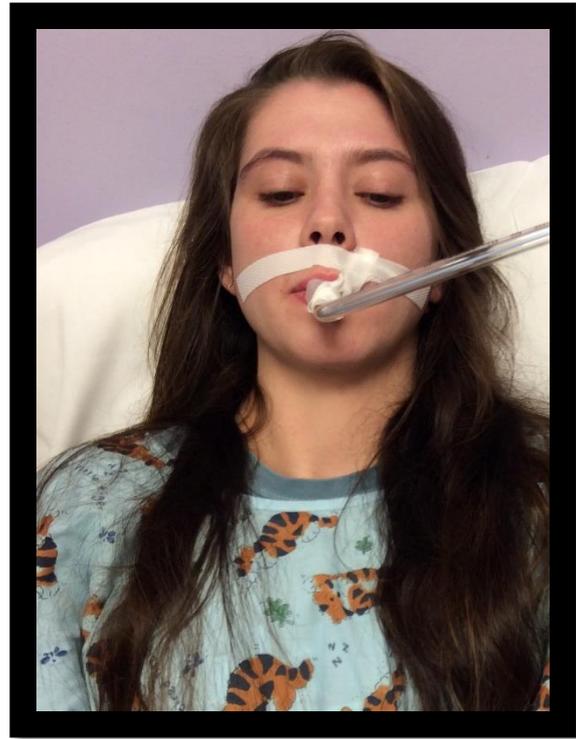


Extubation



My lungs have gotten stronger and don't need as much help anymore.

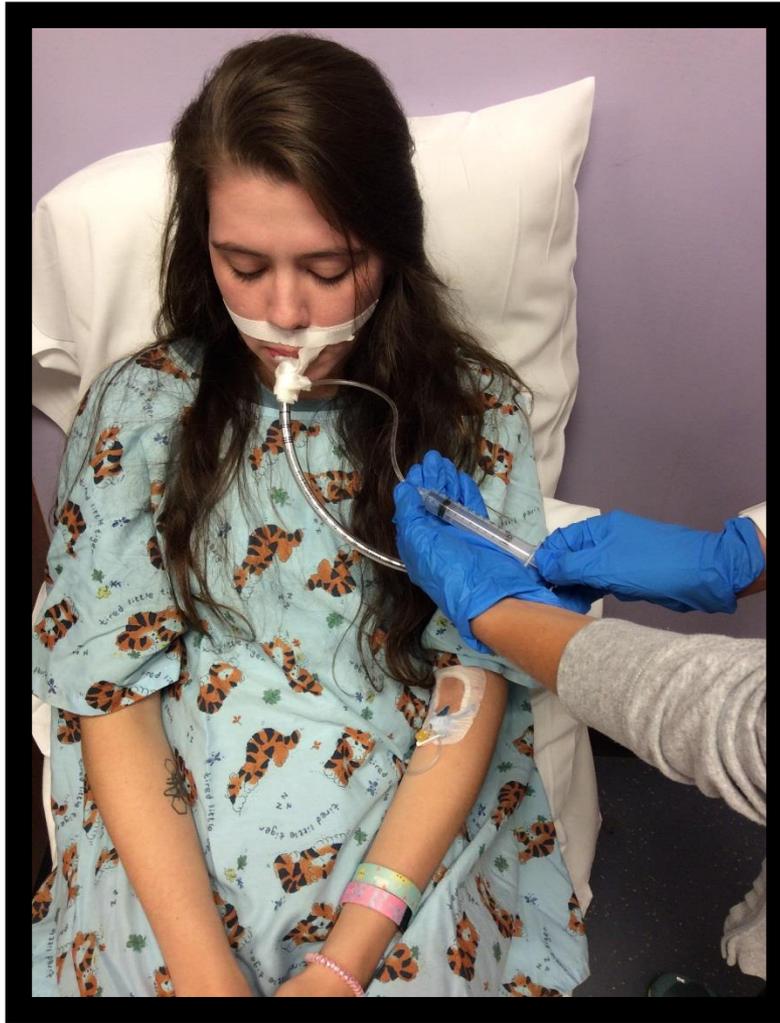
It is time to take out my breathing tube.



The Respiratory Therapist will suction my mouth and tube to remove extra mucous.

I will hear a soft suction sound.

I may feel like I need to cough, that's OK!



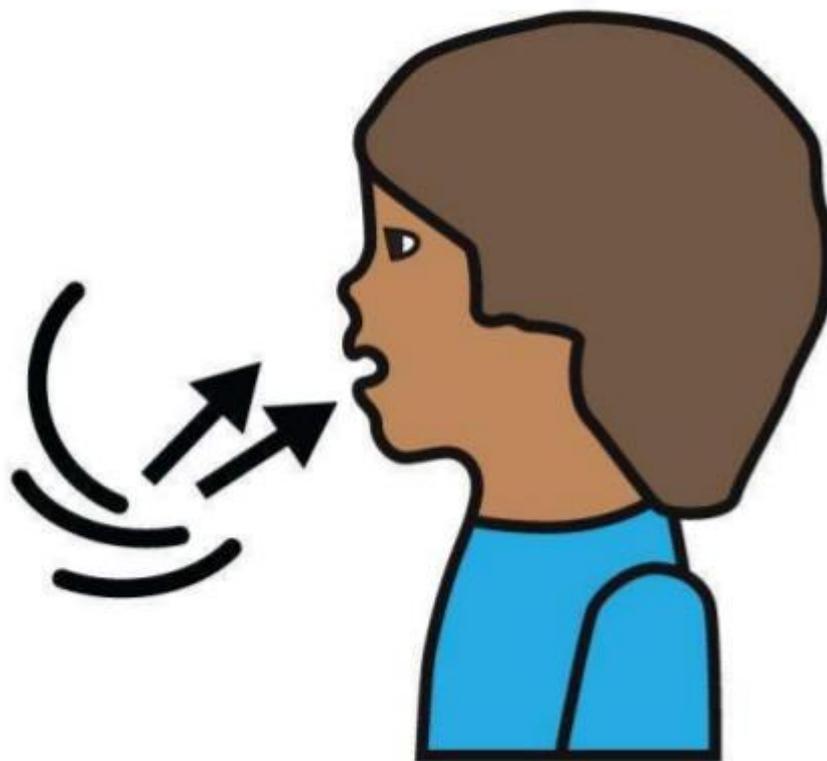
The Respiratory Therapist will use a syringe to deflate the cuff that helps my tube stay in place.

This may also make me feel like I need to cough.



The Respiratory Therapist will gently remove the tape and stickers on my face.

It is important that I help by keeping my hands down by my sides.



The Respiratory Therapist may count or tell me to take a big deep breath in before pulling the tube out.

My job is to hold still and listen to the Respiratory Therapist.



All done



Once the tube is out I am all done.

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)