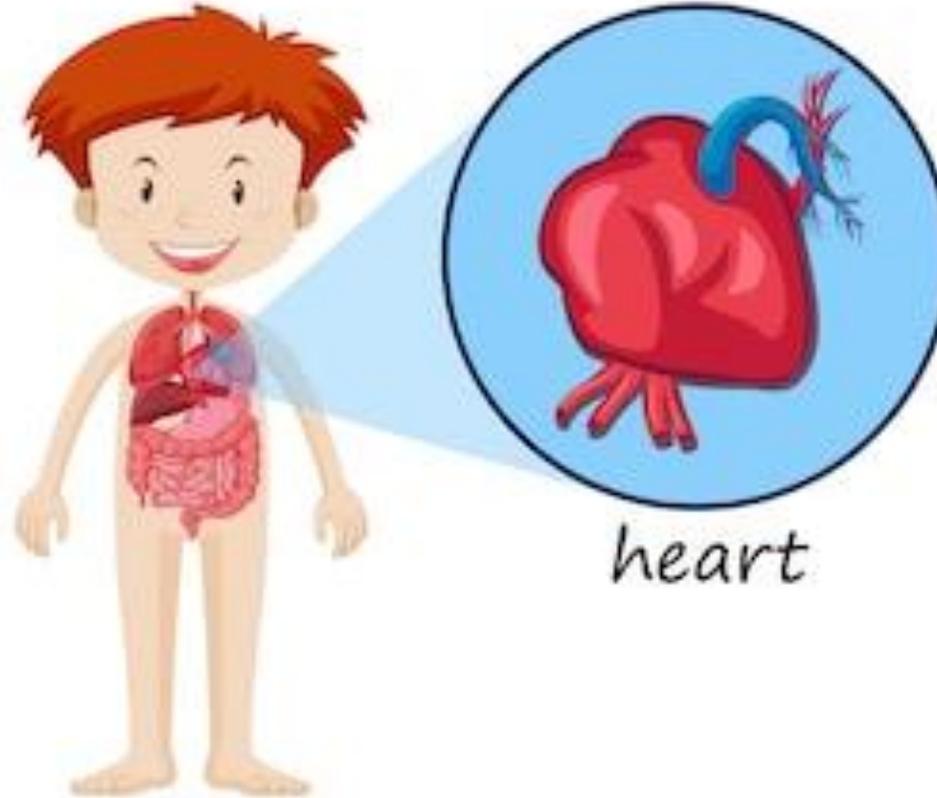


EKG

My Heart



Today I am getting an EKG (electrocardiogram).

An EKG is a test that tells the doctors how my heart is beating.

When it is time for my EKG, the clinical assistant or nurse will bring the EKG machine in my room.

The EKG machine looks kind of like a computer.

The screen on the machine is where my heartbeat will show up.





First, the clinical assistant or nurse will scan my wristband.



Next, the clinical assistant or nurse will put stickers called electrodes on my chest, arms, and legs.

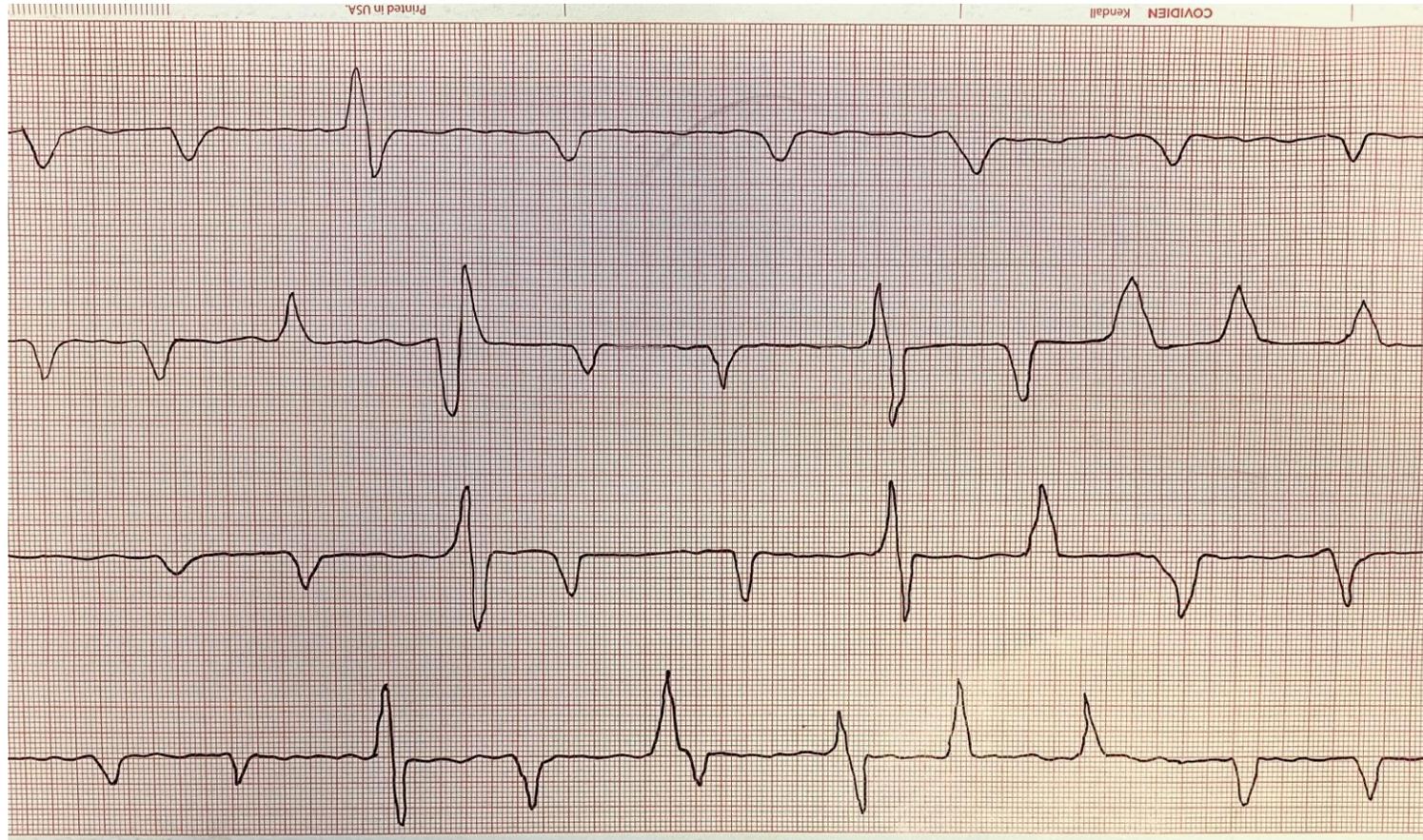
These stickers will not hurt me.



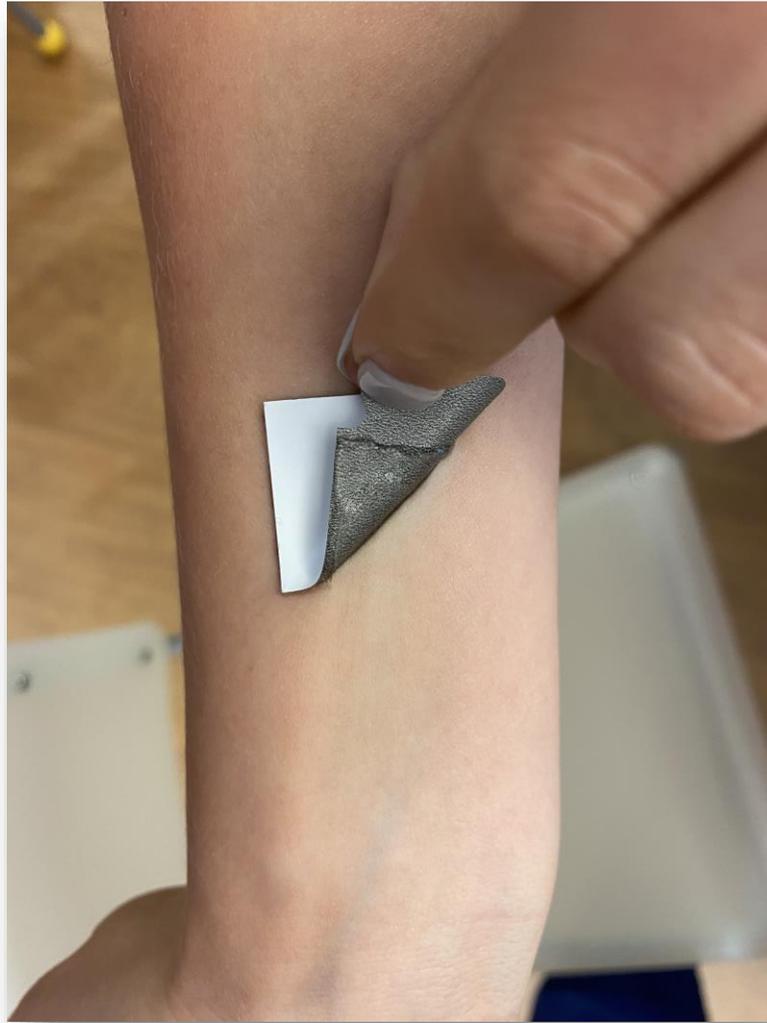
The nurse or clinical assistant will connect cables to the stickers.
These cables only touch the stickers.



During my EKG, my job is to stay very still.
The EKG will only last a few seconds.



Once my EKG is done, my heartbeat will show up on the screen and will print out on a piece of paper for my doctors to read.



After this, if the clinical assistant or nurse does not need to check my heartbeat again, I can take my stickers off.

All done



I am all done.

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)