

A Trip to Dental Clinic Consultations



Children's
of Alabama®



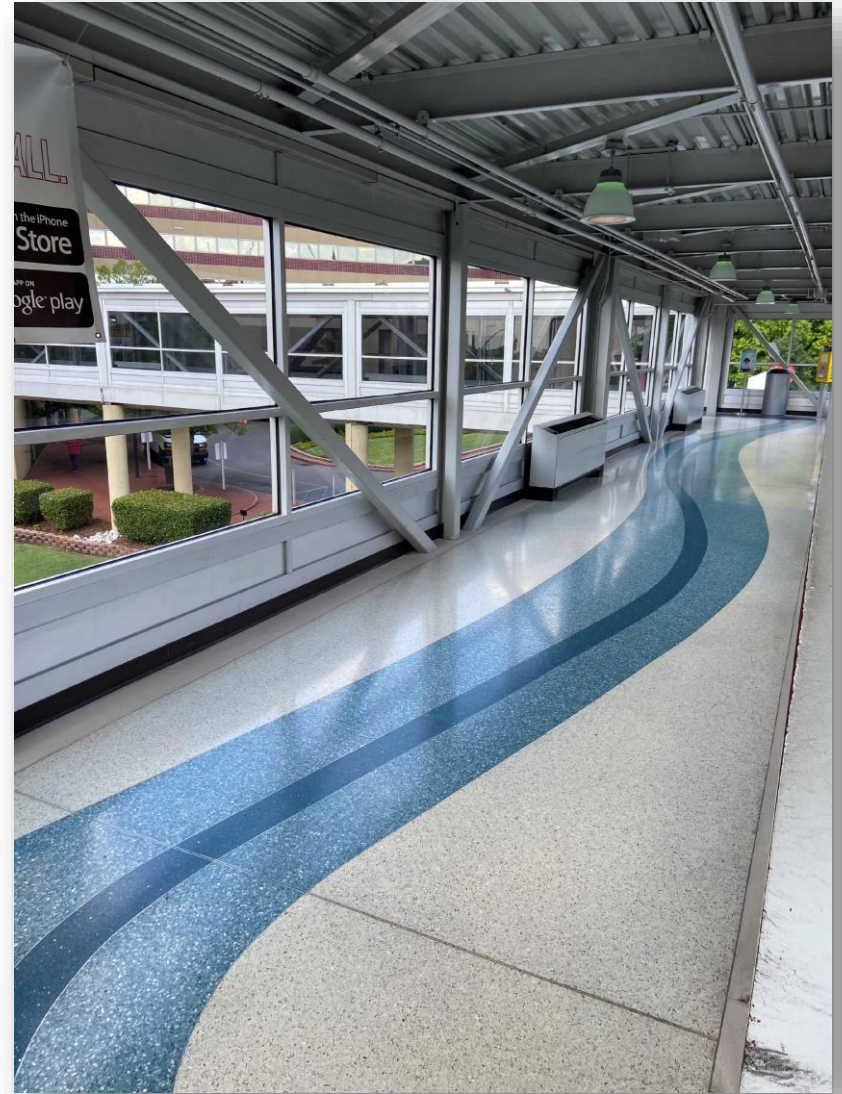
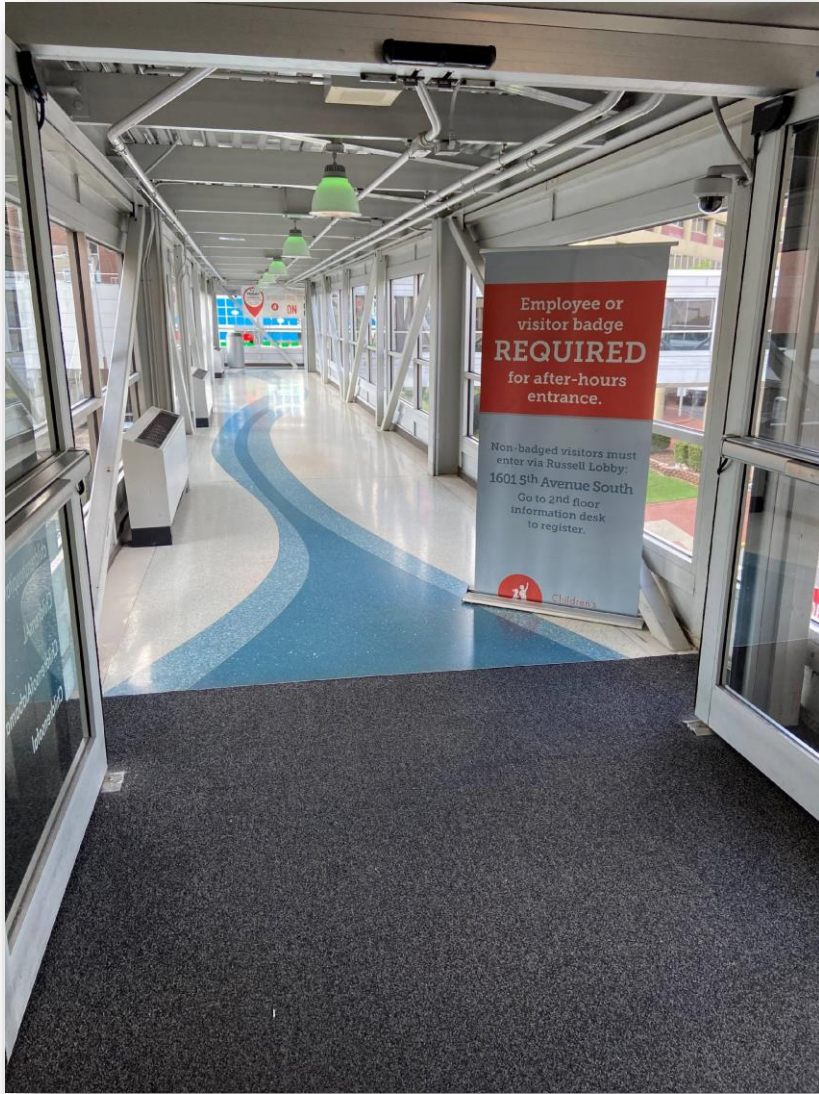


I am going to **Dental Clinic** at **Children's of Alabama**.
This story will help teach me about my visit.

The Parking Deck

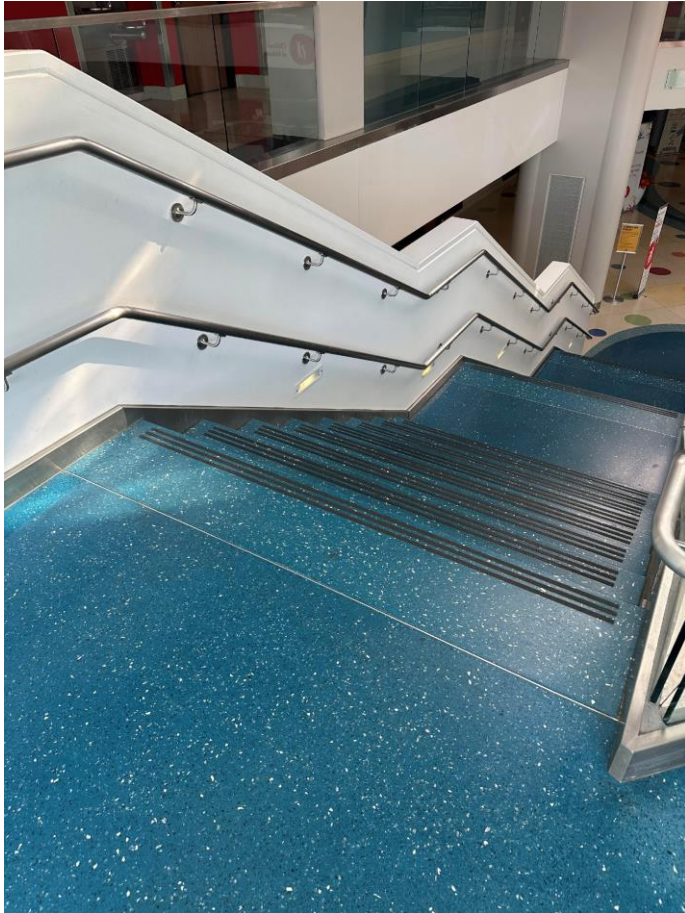


My family and I will park in the **parking deck**.



We will walk across the **crosswalk** on the **2nd floor**.

1st Floor



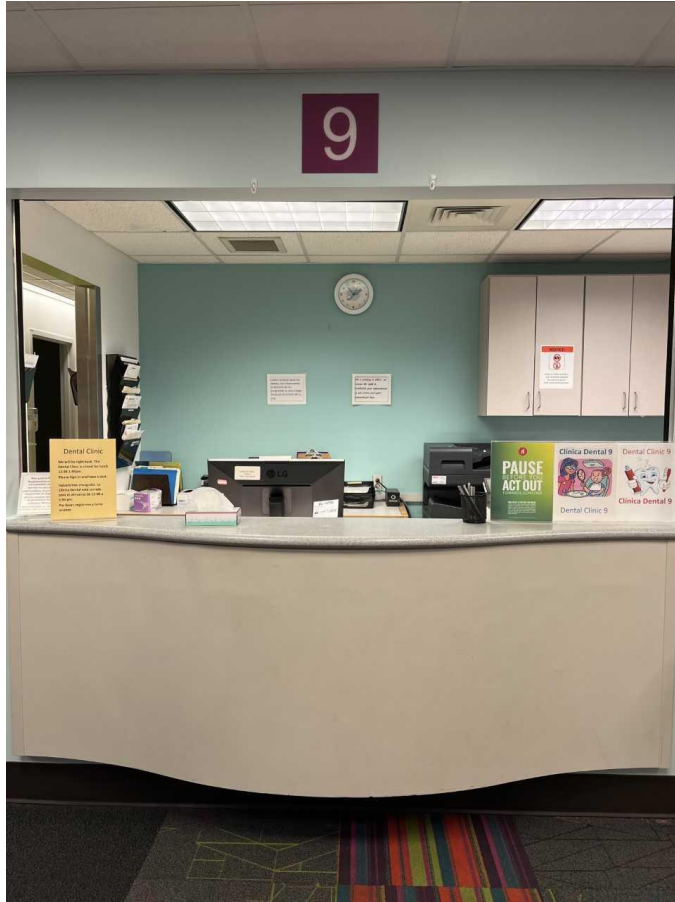
I can take the **stairs** or the **elevator** to the **1st floor**.

The Lobby



I will go through the **lobby** and the **clinic hall**.
Dental Clinic is **Clinic 9**.

Check In



My family and I will stop at this **desk** to check in.



I will get a **wristband** with my name on it.

Waiting Room



I will sit calmly in the **waiting room** until my name is called.

Walking Back



When my name is called, my family and I will walk through this **door**.

Meeting the Dentist



The **dentist** will talk to me and my family in a room like this.

Clinic Area



After my family and I talk to the dentist, I will walk to into the **clinic area**.

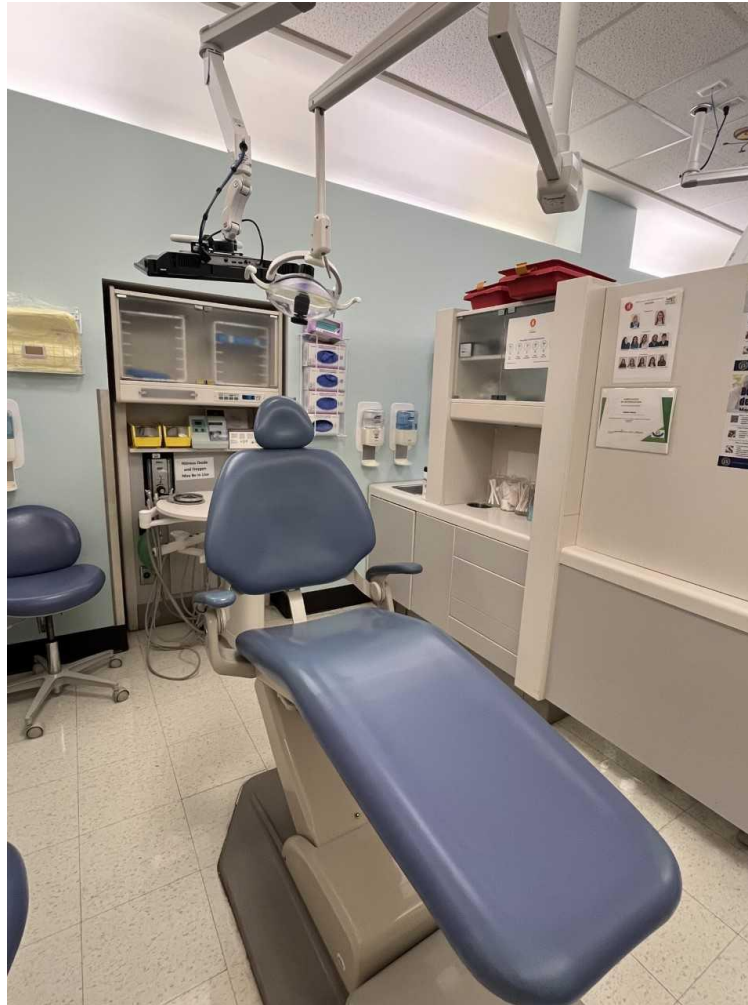
A special **chair** will be ready for me.

Weight and Height



Before I sit down, I will stand on a scale to check my **weight** and **height**.

Sitting Down



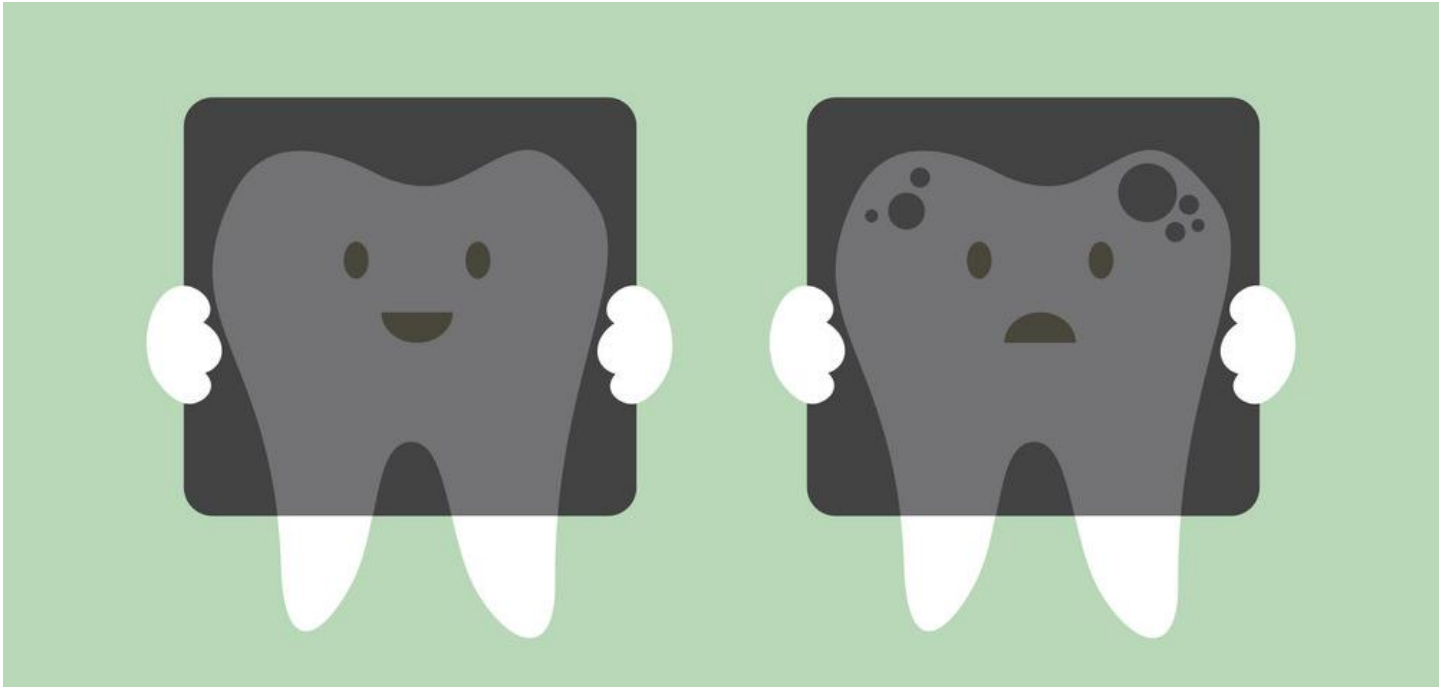
I will **sit** down in the **chair**.

“Open Wide”



The dentist will tell me to **open** my **mouth** wide.
This helps the dentist see all my teeth.
It is important that I tell the dentist if my teeth are hurting.

X-Rays



I will get **X-rays** of my teeth.

X-rays are pictures that help the dentist check my teeth for **cavities**.

Cavities are **small holes** in our teeth made from germs in our mouth.

I may hear people call these germs “**Sugar Bugs**”.

X-Rays



I will **bite down** on a piece of **paper**.

The person taking my picture will point the X-ray machine at my face.

The machine will make a “**beep**” sound.

Nothing will touch me.



After my X-rays, the **dentist** may **talk** to my family again.

The dentist and my family will decide the best way to help keep my teeth **healthy**.



All done



Once I am **finished**, I can pick out **stickers**.

It is time to **leave** the clinic.

I am **all done**.

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2025)