ENDOCRINOLOGY REFERRALS

205-638-9107

The Endocrinologist on call is immediately available to families and health care providers

ALWAYS CALL THE ENDOCRINOLOGIST ON CALL FOR:

- New onset diabetes
- Graves' disease
- Insulin refills - diabetes rescue clinic can provide refills

COMMON REASONS FOR ENDOCRINOLOGY REFERRALS AND SOME TIPS TO HELP FACILITATE SCHEDULING:

SHORT STATURE:

- Growth charts
- Height of parents
- Consider GI referral if BMI is <5th percentile

THYROID:

- Check TSH and FT4
- Total T4 and free T3 usually not clinically helpful

PRECOCIOUS PUBERTY:

- Onset of puberty
- Growth charts
- Provide physical exam with Tanner Staging (breast, pubic hair, testes)

NEWBORN SCREENING PROGRAM:

- Dr. Gail Mick and Sarah Sparks, CRNP, manage the newborn screening program for the state
- Call the on-call Endocrinologist at any time to discuss abnormal thyroid or CAH results

OBESITY:

- If abnormal screening results: HbA1C, lipid profile ("non-HDL >145 or fasting triglycerides >400)
- If PCOS
- Screening for comorbidities with labs
- Consider referral to SHINE clinic if child is 10 or older with normal labs and no PCOS concerns

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