

# Virtual Check-In Instructions

Text Message  
Today 4:27 PM

Pediatrics East  
Deerfoot: We have an appointment scheduled for you today at 5:00 PM. Please click the link (I have arrived) when you are in our lobby.  
<https://msg.fm/1e58a1a6b68647abb65fde483ea0da34>


The message contains a secure link to our HEALOW CHECK-IN mobile app, where you can update demographic information, verify medical history, sign consent forms, complete questionnaires, verify insurance information, send pictures of insurance cards, and announce your arrival.


Tap the link in the text message, our HEALOW CHECK-IN mobile app opens in a browser, displaying the appointment details and the confirmation options.

English ▼

Hi Regi,

Your appointment details

 **Tuesday,  
July 13, 5:00 PM**

**PHILLIP HARMON, MD**  
**Pediatrics East Deerfoot**  
6729 Deerfoot Pkwy,   
Pinson, AL - 35126-3093

Contact us at :  
[205-681-5377](tel:205-681-5377)

Are you going to be able to make it to this appointment?

Yes, I'll Be There

Tap **YES, I'll BE THERE** on the Appointment confirmation window to begin the check-in and arrival notification process.

The **I HAVE ARRIVED** button is only active on the day of the appointment.

# Virtual Check-In Instructions

## Pediatrics East Deerfoot

English

Tuesday,  
July 13, 5:00 PM

Add to

PHILLIP HARMON, MD

Pediatrics East Deerfoot

6729 Deerfoot Pkwy,  
Pinson, AL - 35126-3093

Contact us at :

[205-681-5377](tel:205-681-5377)

Begin CHECK-IN

Let us know when you've arrived at our office  
or parking lot.

### Authentication:

Tap **BEGIN CHECK-IN** to continue

## Pediatrics East Deerfoot

Hello Regi,  
CHECK-IN to your appointment

Patient's Date of Birth

mm

/

dd

/

yyyy

Start CHECK-IN

### Authentication:

Enter the patient's date of birth, then tap **START CHECK-IN.**

# Virtual Check-In Instructions

## Let's Verify Your Account

We need to verify your phone number for this appointment.

Select Phone Number

☒ \*\*\* - \*\*\* - 9723

How would you like to receive the verification code?



Voice Message



Text Message



Request code

After the patient's date of birth is verified, the phone authentication window will open. Please select text message or voice to get the verification code.

Tap **REQUEST CODE** to initiate the call or text message.

Text Message  
Today 4:33 PM

Your healow CHECK-IN verification code is :  
236446 Msg&Data rates may apply. Reply STOP to opt-out

Example of a verification code received by text.

## Verification

Enter the verification code sent to

\*\*\* - \*\*\* - 9723

The code will expire in 5 minutes

Didn't receive verification code?


[Request new code](#)

Continue

After the verification code is received, enter it into the field provided and tap **CONTINUE**.


# Virtual Check-In Instructions

## Pediatrics East Deerfoot

 **Patient Information**


RegiTest

12345 Union Gyshyuhjs  
Birmingham AL 35125



Cell Phone

205-914-9723



Home Phone

205-705-8689

Work Phone

205-681-5377

Email

reginald.hope@childrendal.org

Is the above information accurate ?

Looks good

### Verify Patient Demographics:

Tap the pencil icons to add or edit information, if necessary.

Otherwise, tap **LOOKS GOOD** to continue

## Pediatrics East Deerfoot

**Insurance**

ACE American Insurance Co  
Relation To Insured: Parent  
Subscriber ID: \*\*\*\*\*0000

90 Degree Benefits  
Relation To Insured: Parent  
Subscriber ID: \*\*\*\*\*9999

Needs change

Looks good

### Verify Insurance:

Review the insurance information, then select either **NEEDS CHANGE** – The Add New Insurance window opens, where a photo of the front and back of the insurance card can be captured and uploaded.

**To add an insurance:** Tap **ADD** on the Insurance window. This will allow you to capture an image of the front and back of your insurance card. Tap **LOOKS GOOD** to save and submit the images.

**LOOKS GOOD** – Verifies the information is accurate, this will advance to the next window.

# Virtual Check-In Instructions

## Pediatrics East Deerfoot

### Medications

Please review and comment if any changes are required in your medications(s) listed below

Acetaminophen (Tylenol) 160 mg/5 mL 5

Add your comment

Next

#### Medication Verification:

Please verify / update your child's medications.

Tap **NEXT** to continue

## Pediatrics East Deerfoot

### Consent(s)

#### Consent Form

##### CONSENT FOR TREATMENT:

I, the parent or guardian of the above child/children, do hereby authorize Children's Of Alabama and all of its physicians to give to the child/children any treatment or immunization that such physicians deem necessary for their health.

##### LIMITED RELEASE OF INFORMATION:

I, authorize the release of all medical information on the child/children to any

Accept

#### Consent Acknowledgment:

Tap **ACCEPT** to continue

# Virtual Check-In Instructions

## Pediatrics East Deerfoot

Please review and comment if any changes are required in your allergy list below



### Allergies

Name	Reaction

Add your comment

Next

### Allergy Verification:

Please verify / update your child's food and drug allergies.

Tap **NEXT** to continue

## Pediatrics East Deerfoot

Please review and comment if any changes are required in your hospitalization(s) listed below



### Hospitalizations

Reason	Date

Add your comment

Next

### Hospitalization History:

Please update your child's hospitalization history.

Tap **NEXT** to continue

# Virtual Check-In Instructions

## Pediatrics East Deerfoot

Please review and comment if any changes are required in your surgical history listed below



### Surgical History

Reason

Date

Add your comment

Next

### Surgical History:

Please update your child's surgical history.

Tap **NEXT** to continue

English

### ✓ Check-in Complete

Tuesday,  
July 13, 5:00 PM



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Pediatrics East Deerfoot  
6729 Deerfoot Pkwy,  
Pinson, AL - 35126-3093



Contact us at :

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Let us know when you've arrived at our office  
or parking lot.

I have arrived

### Arrival Announcement:

On the day of the appointment, you will receive another text. Tap **I HAVE ARRIVED** to notify us you are **in our lobby** and ready complete the final check-in process.