

# Project ECHO<sup>®</sup>

## Pediatric Diabetes & Obesity

2020 Update



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We are excited to announce  
our updated Pediatric  
Diabetes & Obesity Series!  
We look forward to meeting you!

### Series Schedule

We will meet from 12-1 pm, CST, on the first and third Fridays of each month. Each mini-session will meet four times.

- **Mini-Session 1 Type 2 Diabetes/Metabolic Syndrome**  
February 7 Prediabetes: Diagnosis and Management on the Front Lines  
February 21 Metabolic Syndrome: What Is It and Why Does It Matter?  
March 6 Distinguishing Type 1 and Type 2 Diabetes  
March 20 Type 2 Diabetes in Children: Medical Management Strategies
- **Mini-Session 2 Obesity**  
April 3 Comprehensive Care of Obesity: Weight Management Clinical Perspective  
April 17 Healthy Lifestyle Choices: Meet the Dietician  
May 1 Motivational Interviewing: Encouraging Your Patients to Reach Their Goals  
May 15 Endocrine Approach to Obesity
- **Mini-Session 3 Comorbidities of Type 2 Diabetes/Obesity**  
August 7 Comorbidity: Polycystic Ovarian Syndrome  
August 21 Comorbidity: Non-Alcoholic Fatty Liver Disease  
September 4 Comorbidity: Dyslipidemia  
September 18 Comorbidity: Hypertension
- **Mini-Session 4 Type 1 Diabetes**  
October 2 Type 1 Diabetes in Children: Medical Management Strategies  
October 16 Type 1 Diabetes: Technology — Pumps, Sensors and Beyond  
November 6 Type 1 Diabetes: Screening for Comorbidities and Complications  
November 20 Type 1 Diabetes: Everyday Issues — School, Sports & Everything In Between



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### Questions? Interested in participating?

Contact Michelle Coulter, CRNP and Project Coordinator, by email at [endoecho@peds.uab.edu](mailto:endoecho@peds.uab.edu) Call or Text: 205-410-9162