Sixth Visit Posttest

Patient's name:		
Patient's birth date:		
Your name and relationship to patient:		
Today's date:		
Please mark only one answer for each of the following questions:		
1.	What color urine may indicate that kidney damage may have occurred from sickling? A. Bright red or brown B. Orange C. Dark Yellow D. Light Yellow	
2	What action about a very take FIRST if you notice blood in your shild's wine?	

- 2. What action should you take FIRST if you notice blood in your child's urine?
 - A. Restrict fluid intake
 - B. Give Tylenol or Ibuprofen
 - C. Push fluids and call your doctor
 - D. Check your child's temperature
- 3. Children with sickle cell disease often experience:
 - A. Sleep walking
 - B. Bedwetting
 - C. Sleeplessness
 - D. Night terrors
- 4. The kidney should function in the body to:
 - A. Help body tissues get oxygen
 - B. Hold fluid and get rid of waste products
 - C. Digest meals
 - D. Circulate blood





- 5. How does someone with sickle cell disease decrease their chances of becoming dehydrated?
 - A. Drink extra fluids every day
 - B. Increase fluids during illness
 - C. Increase fluids during periods of physical activity
 - D. All of the above
- 6. What are the signs of pneumonia?
 - A. Fever, frequent cough, fast breathing, chest pain
 - B. Dizziness, headache, loss of vision
 - C. Easy bruising, nosebleeds, poor appetite
 - D. Decreased urination, sunken eyes, vomiting
- 7. A child with sickle cell disease who thinks they may have pneumonia or are experiencing "chest syndrome" should: (Choose the BEST answer)
 - A. Wait to see if they feel better before calling the doctor
 - B. Drink more fluids ONLY
 - C. Take some cough medicine and lie down to rest
 - D. Call and make an appointment to be worked in immediately to see your primary care physician or go to the emergency room
- 8. Which type of infection commonly affects children with sickle cell disease?
 - A. Urinary tract infection
 - B. Stomach virus
 - C. Pneumonia
 - D. Sinus infection
- 9. Common signs and symptoms of anemia include:
 - A. Rosey cheeks and raised rash to the arms and legs
 - B. Fever, night sweats and constipation
 - C. Tiredness, pale color, dark urine and yellow eyes
 - D. All of the above

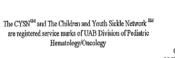






- 10. What word is used to describe the yellow color to eyes and dark color of urine that results from the destruction of red blood cells in sickle cell patients?
 - A. Pneumonia
 - B. Splenomegaly
 - C. Jaundice
 - D. Melanin
- 11. How are gallstones formed?
 - A. From eating too much protein
 - B. From lack of physical activity
 - C. As a result of high fever
 - D. From the waste products of broken down red blood cells
- 12. Eating which of the following foods would most likely cause stomach pain, nausea, and/or vomiting in a child with gallstones?
 - A. Bananas, grapes, and oranges
 - B. Cheeseburger, french fries and a chocolate shake
 - C. Turkey sandwich, pretzels and orange sherbet
 - D. Toast with jelly and cereal with milk
- 13. Treatment for children who experiences complications due to gallstones includes:
 - A. Splenectomy
 - B. Chest x-ray and oxygen therapy
 - C. Antidiarrheals (Imodium)
 - D. Abdominal ultrasound and possible surgery
- 14. If a sickle cell patient has stomach pain or swelling, pale color, and tiredness, the problem could be:
 - A. Pnemonia
 - B. Stroke
 - C. Dark urine
 - D. Splenic sequestration







- 15. You suspect that your child has an enlarged spleen. Which of the following is the BEST action to take?
 - A. Weigh the child on a bathroom scale
 - B. Measure the spleen using a tongue blade or popsicle stick
 - C. Observe for changes in urine color
 - D. Take your child's temperature immediately





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4.	The kidney should function in the body to: A. Help body tissues get oxygen B. Hold fluid and get rid of waste products C. Digest meals D. Circulate blood



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