



Everything you need, on the go!

Sync Devices

Sync your Omnipod[®] System Personal Diabetes Manager (PDM), blood glucose meter, CGM, and exercise tracker so you can see all your data in one place.

Track Lifestyle

Easily track food, medications, insulin, exercise and more to create a digital logbook.

Identify Patterns

See your blood sugar patterns and learn which is your best day and best time of day.

Get Reminders

Don't miss an important task. Set reminders to check your blood sugar, take your medications, insulin and more.

Get Support

Share your data with your care team to get the support you need in between visits.

Access Online

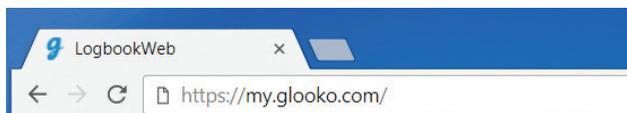
Review detailed reports online at www.my.glooko.com in the comfort of your home.



Create an Insulet Provided Glooko Account on the Web

Follow These Steps:

1 Navigate to **my.glooko.com**



2 Click **Sign Up for Glooko Here** and fill out your information

- Enter a ProConnect Code to automatically share your Omnipod® System data with your healthcare provider

3 Select **I am an Omnipod® System user**



THAT'S IT! See next page to learn how to install the Glooko Uploader to upload data from home.

Upload Data to Your Computer



What You Need:



PC or Mac Computer



USB-A to Mini Cable



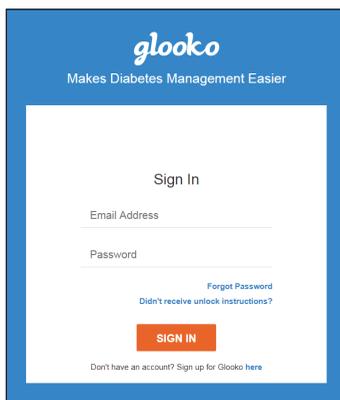
Omnipod® System PDM

This cable came in your starter kit. If you cannot locate it, please order a replacement at no cost from www.myomnipod.com.

Follow These Steps:

1 Install **Glooko Uploader**

- If you already installed the software, skip to Step 2.



- Log into your account on **my.glooko.com**
- Choose **Settings** in the top right
- Scroll down to the bottom and click **Get Glooko Uploader**

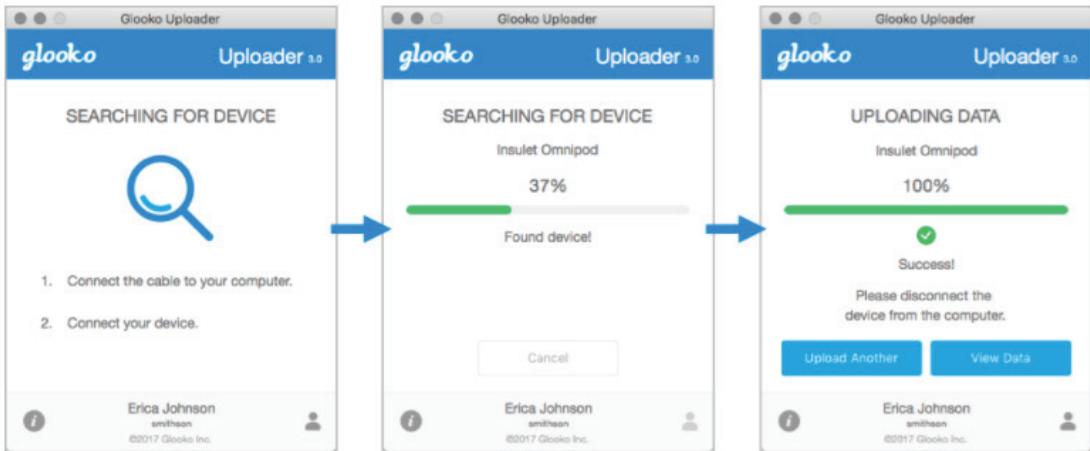


- Choose Mac or PC
- Open the file, and follow the prompts
- Restart your computer to complete the installation

2 Upload Your Data

- Open the Glooko Uploader from your desktop and login.
- Plug your PDM into your computer to begin the upload.
- Once the upload is complete, click **View Data**.

** Note: To upload data from the user's Omnipod® System PDM to Mac computers manufactured before mid-2012 utilizing Apple's OS X El Capitan software (version 10.11), it is recommended to use a USB Hub.*



3 Share Your Data

- From the Glooko Web App, click **Create Report** and select reports and timeframe to share.
- Click **Create** to generate PDF.
- Save or print PDF and email or fax to your Care Team.

** Note: if you entered your ProConnect Code, your Health Care Provider will have access to view your PDF reports as soon as you upload.*

Insulet Provided Glooko on Your iPhone



Follow These Steps:

1 Download the App and Login

- From the App Store search for and install the Glooko Mobile App.
- Log in or create an account by filling out the requested information.



2 View Your Data

- Once you upload your data, you can view your trends and graphs on your iPhone.
- ** Flip to page 3 to learn how to upload your data.*

3 Share Data with Your Care Team

- Click the **More** tab, then click **Share Reports** to email or fax reports to your care team.





Insulet Provided Glooko on Your Android Smart Phone

Follow These Steps:

1 Download the App and Log In

- Search for and install the Glooko Mobile App from the Google Play™ Store.
- Log in or create an account by filling out the requested information.

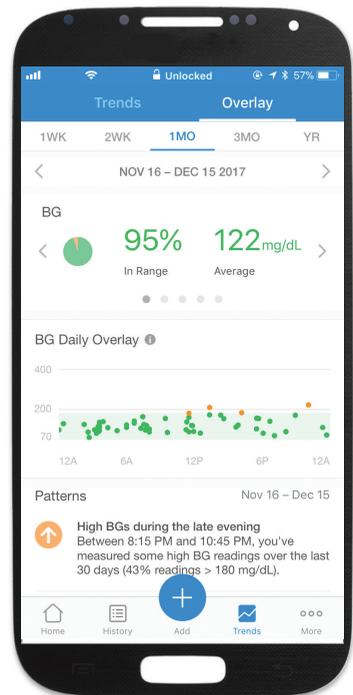
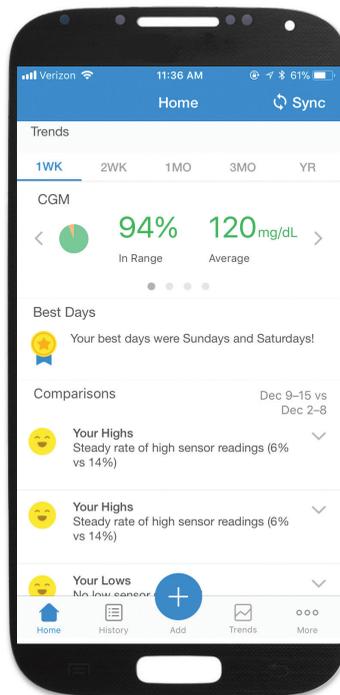


2 Upload and View Your Data

- Tap **Sync** from the Home Screen, and select **Omnipod® System**.
- Connect your Omnipod® PDM to your phone with a Micro-to-Mini USB cable (*If you do not have this cable, please order one at no cost from www.myomnipod.com.*)
- Follow the prompts to complete the upload.

3 Share Data with Your Care Team

- Click **Share Reports** from the side menu to email or fax reports to your care team.



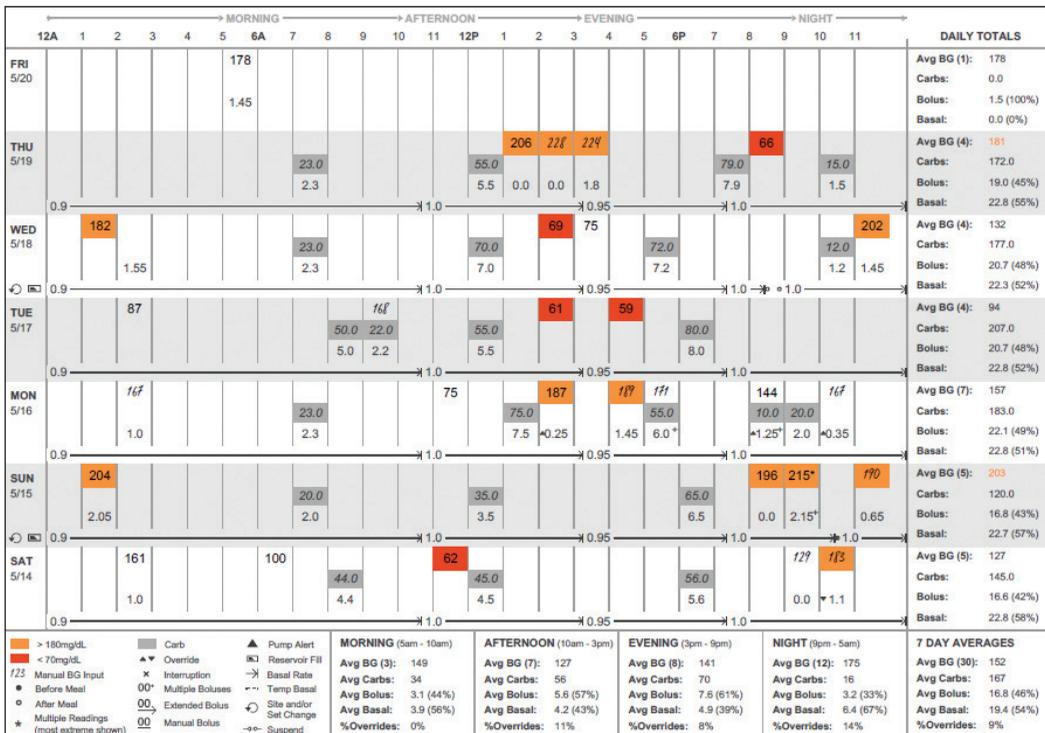
Viewing Your Reports



You can view your reports on the Glooko Mobile App or on my.glooko.com. A few great reports to get started with on my.glooko.com are:

1. The Logbook Report

Easily see a detailed daily view of your carbs, in and out of range BG readings, and insulin doses.



2. The Device Settings Report

When you upload your PDM to Insulet Provided Glooko, your pump settings will be saved. This report is a great resource for you and your care team to reference.

Basal Rates

Time	VALUE (u/hr)
12:00 am - 12:00 am	0.650
Total	15.60

Bolus Settings

Profile

Insulin to Carb Ratio (I:C)

Time	VALUE (g/U)
12:00 am - 12:00 am	10

Sensitivity (ISF, Correction)

Time	VALUE (mg/dL,U)
12:00 am - 12:00 am	50

Active Insulin Time

TOTAL TIME
4.0 hours

BG Target

Time	VALUE (mg/dL)
12:00 am - 12:00 am	100

BG Correction Threshold

Time	VALUE (mg/dL)
12:00 am - 12:00 am	120

NOTE: All screen images are examples, and for instructional purposes only

**If you are experiencing any issues with Glooko,
please contact Glooko Support:**

Call: 1-800-206-6601 **Text:** 650-720-5310 **Email:** support@glooko.com

**For more information on the Omnipod[®] System,
contact the Insulet Customer Care Team:**

Call: 1-800.591.3455 **Visit:** www.myomnipod.com

Pod is waterproof: IPX8 (7.62 meters for up to 60 minutes). The PDM is not waterproof.

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