

Children's Behavioral Health



Treatment Team Members



Psychiatrist

- A Medical Doctor who has advanced training in child and adolescent psychiatry
- Responsible for overall treatment program; leads treatment team
- Provides a diagnosis, prescribes medications, provides broad range of therapies

Primary Therapist

- Licensed behavioral health clinician
- Primary point of contact for families
- Provides therapy sessions (individual, group, family)
- Coordinates patient care with other agencies, providers, and schools
- Arranges follow-up appointments with outpatient providers prior to discharge

Ancillary Services

- Includes Occupational Therapist, Art Therapist, Recreational Therapist, Psychologist
- Provides group and individual sessions that focus on positive coping skills, positive social interaction, communication skills, anger/stress management, improving self-esteem, learning life skills and healthy routines

Nursing Staff (RN, LPN)

- Perform daily patient assessments and contribute to the development of treatment plan
- Administer medication and provide medication education
- Available to provide updates to caregivers via phone and in-person during visiting hours



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Sehavioral Interventionists (BI) and Behavioral Associates (BA)

- Provide 24/7 direct supervision and daily care
- Facilitate the therapeutic milieu
- Promote wellbeing and safety on the unit

❖ Family & Child Services

- Sunshine School Teacher: serves the school needs of patients during hospitalization
- Child Life Specialist: provides activities and support to help patients cope
- Pastoral Care Chaplain: offers spiritual support to both patients and families

Case Manager

- Assists Treatment Team in coordinating patient care, identifying resources for families, and discharge planning
- Provides follow-up phone call to families after patient is discharged

Family Care Coordinator

- Coordinates Family/Caregiver participation in treatment process
- Serves as additional point of contact between Family/Caregiver and Treatment Team

My Child's Treatment Team and Contact Numbers:

Unit & Room Number:	Unit Phone Number:
Primary Therapist Name:	Primary Therapist Phone:
Psychiatrist Name:	Psychiatrist Phone:
Family Care Coordinator: <u>Beth Rocker</u>	Family Care Coordinator Phone: 205-638-9812
Case Manager: <u>Monica Jones</u>	Case Manager Phone:
School Teacher Name:	School Teacher Phone: