

8<sup>TH</sup> ANNUAL MENTAL HEALTH AWARENESS CONFERENCE

# The Effects of COVID-19:



This conference will help us continue to address the effects and trends of COVID-19 as we slowly move back to “normal.”

**Friday, July 16, 2021**

9 am — 12 pm

*A Virtual Event* via **zoom**

**FREE to attend!**

Visit [www.ChildrensAL.org/behavioral-health](http://www.ChildrensAL.org/behavioral-health) to register!

All school nurses, social workers, and licensed professional counselors/therapists must attend the **LIVE ZOOM** conference on July 16 for accredited contact hours.

Please refer to your governing professional certification agency for acceptable hours.



Children's  
of Alabama®



**Questions?** Email [BHconferences@childrensal.org](mailto:BHconferences@childrensal.org)  
or call Robert.Barnes at 205.638.9817

## CONTINUING EDUCATION

### SOCIAL WORKERS AND LPCs

The Amelia Center of Children's of Alabama has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6193. Programs that do not qualify for NBCC credit are clearly identified.

The Amelia Center of Children's of Alabama is solely responsible for all aspects of the programs.

AL Social Workers Provider #0354  
3 Clinical Hours

### NURSES

The Children's Hospital of Alabama is approved by the Alabama Board of Nursing as a provider of continuing education in nursing. **ABNPO113; expires 03/31/2025**

The Children's Hospital of Alabama/Children's of Alabama is approved as a provider of **nursing continuing professional development** by The Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. **ASNA5-173 expires 02/01/2022**

It will be assigned 3.6 ABN hours and 3.0 ANCC hours.

**It is the responsibility of the participant to maintain his or her own certificate of continuing nursing education hours.**

Certificate will not be issued for ABN Contact hours; the 3.6 hours will be directly reported to the Alabama Board of Nursing once you complete an evaluation.  
If you need an ASNA certificate for 3.6 continuing education hours, contact [caitlin.menesepilco@childrensal.org](mailto:caitlin.menesepilco@childrensal.org)

# AGENDA

Friday, July 16, 2021

- 9:00-9:45 **Anxiety in Youth:  
Impact of the Pandemic**  
Nina Reynolds, PhD
- 9:45-10:15 **The Effects of COVID-19  
on Child Abuse: Now What?**  
Melissa Peters, MD
- 10:15-10:45 **Lessons Learned from COVID-19:  
Eating Disorders**  
Samantha Hill, MD, MPH
- 10:45-11:30 **Cause for Pause: Rise in Suicide and  
Depression in Black Girls**  
Destini Love, LICSW, PIP  
Lauren Swain, M.Ed., ALC
- 11:30-12:00 **Community Resources:  
Where They Are and  
How to Access Them**  
Shemica Terry, LBSW

# LEARNING OBJECTIVES

*Upon completion of this educational activity,  
participants will be able to:*

1. Understand the pre and post COVID-19 rates of adolescent eating disorders, suicide, and child abuse
2. Identify resources within the community available to families and individuals with various needs
3. Describe the mental health impact of the pandemic in children and recognize warning signs of potential risks

## The Effects of COVID-19:



# SPEAKERS

**Nina Reynolds, PhD**  
Licensed Clinical Psychologist  
Children's of Alabama

**Melissa Peters, MD**  
UAB Associate Professor  
Division of Pediatric Emergency Medicine  
Division of Child Abuse Pediatrics

**Samantha Hill, MD, MPH**  
UAB Assistant Professor  
Adolescent Medicine

**Destini Love, LICSW, PIP**  
Licensed Independent Clinical Social Worker  
Love & Associates, LLC

**Lauren Swain, M.Ed., ALC**  
Associate Licensed Counselor  
Love & Associates, LLC

**Shemica Terry, LBSW**  
Social Worker  
Children's of Alabama



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