



Children's  
of Alabama®

UAB MEDICINE®

## Children's Behavioral Health Continues to See Patients Through Telehealth Services

During this period of uncertainty and disruption to everyone's day-to-day lives, we remain focused on your behavioral health concerns. **We are now providing outpatient services via telehealth (phone and secure video connections).**

Mental healthcare is a priority, especially during this time. Here are some tips from our experts:

- Existing patients and families should continue to attend scheduled appointments. One of our team members will contact you to set up a telehealth visit.
- A treatment plan with reachable goals allows the caregiver and child to adjust to challenges such as social distancing, online school work and a less-structured learning environment.
- For a new appointment, please call our Access Center at 205.638.9193, ext. 3.
- Our Psychiatric Intake Response Center (PIRC) is ready to help navigate the mental healthcare system and match patients with the best resources in their community. Call 205.638.PIRC (7472).

Our clinicians are highly-trained psychiatrists, nurse practitioners, psychologists, licensed professional counselors, and licensed independent clinical social workers. We are all in this together and will support you every step of the way. For more information and resources about COVID-19, visit [www.childrensal.org/coronavirus](http://www.childrensal.org/coronavirus).

Children's Behavioral Health  
Outpatient Ireland Center (Hospital Campus)  
Patriot Park Office (Homewood)

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