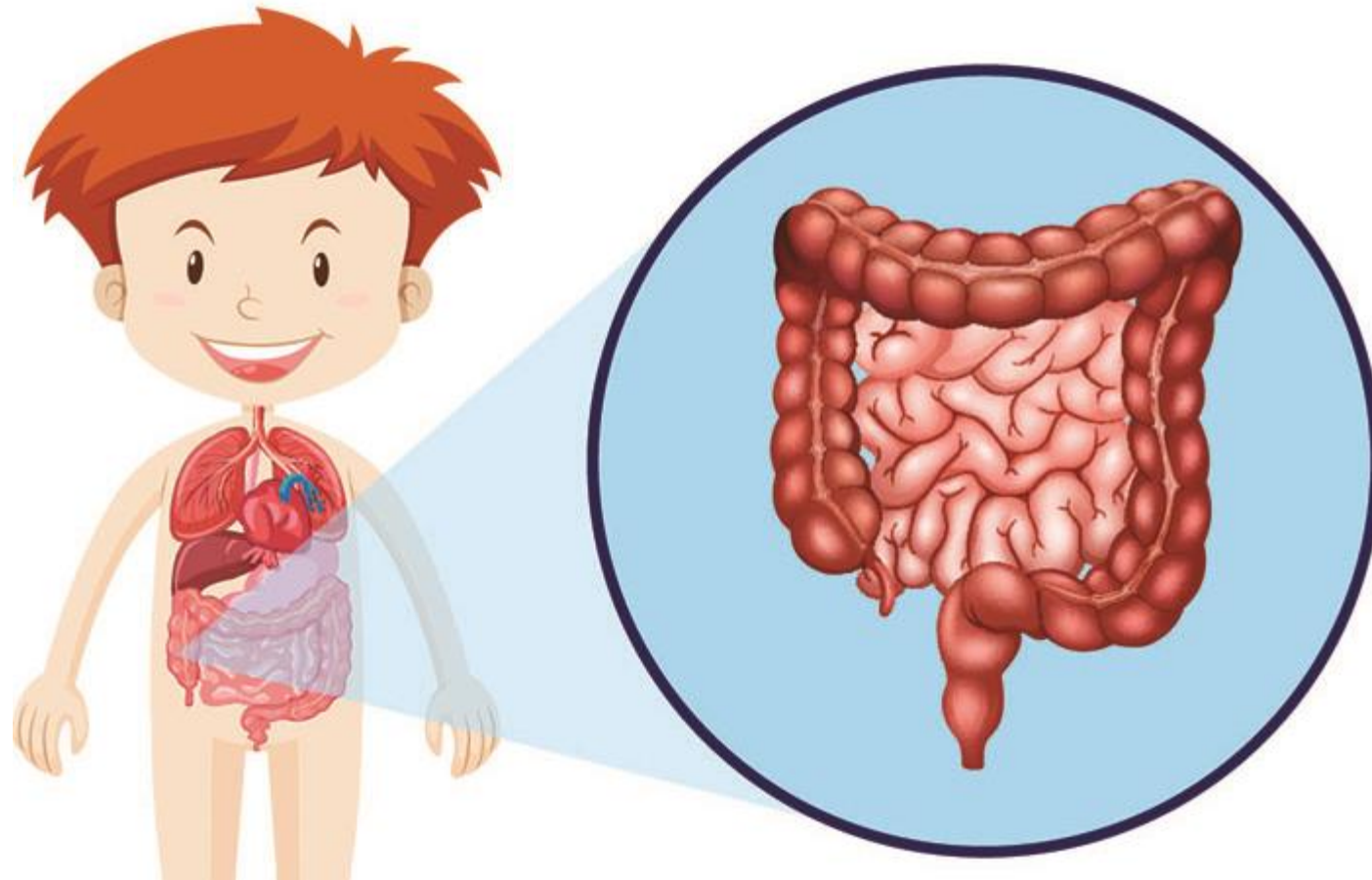


Barium Enema (BE)



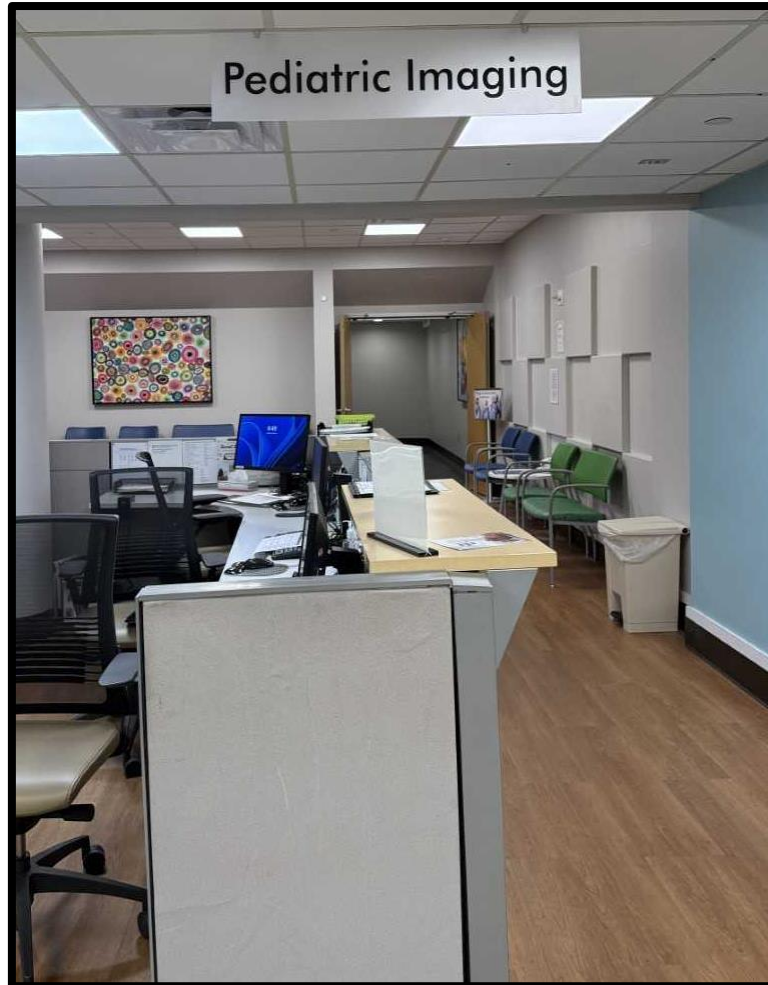


I am at the hospital to have a barium enema or a BE.



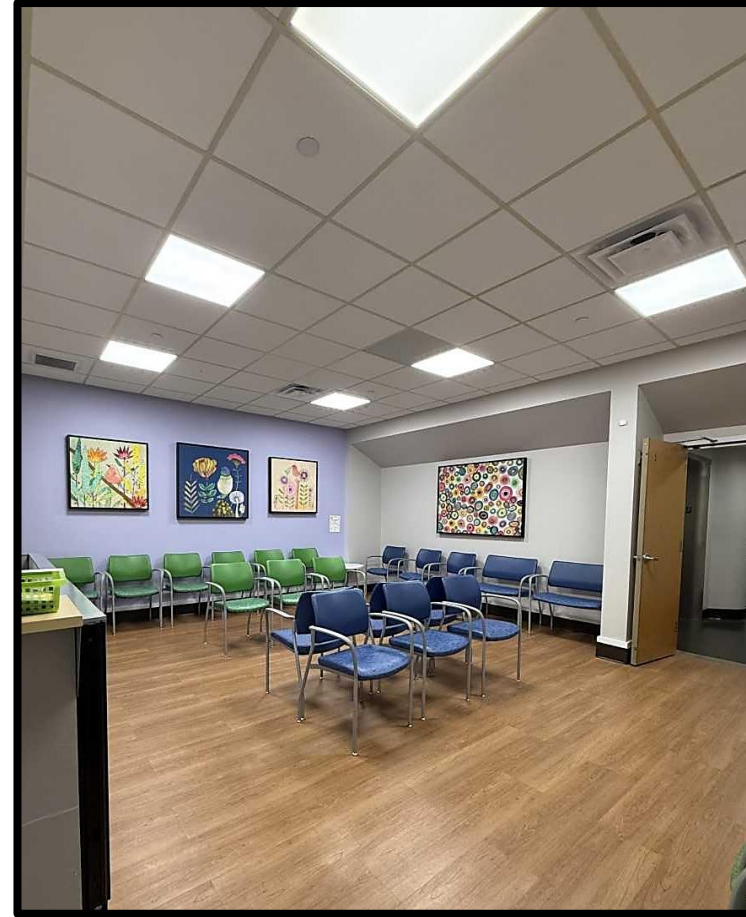
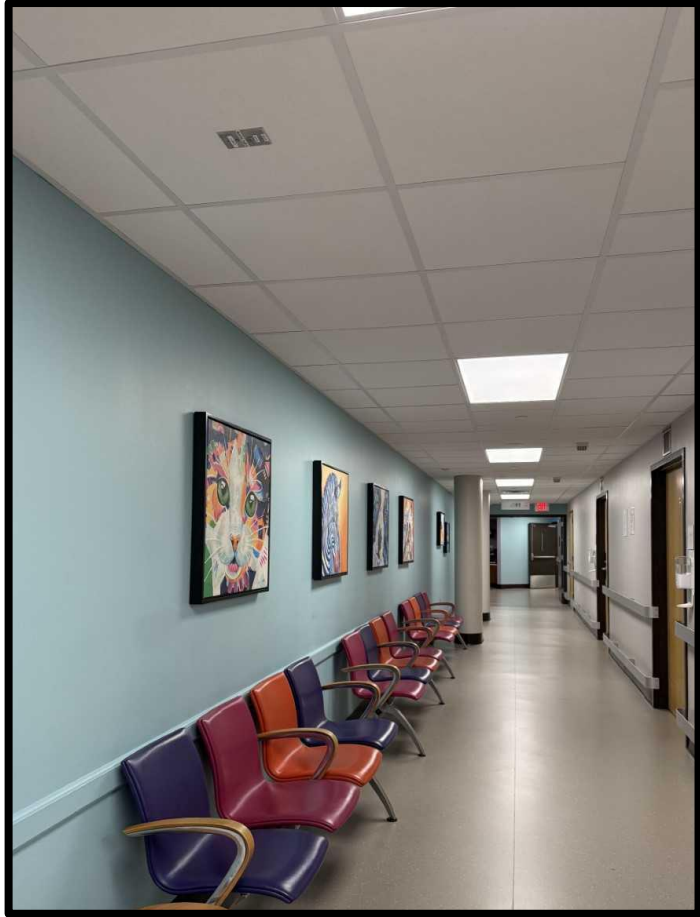
A BE is a special picture of the inside of my body.

A BE helps my doctors learn more about a part of my body called my large intestine, or my belly.



First, I will go to this desk.

The grown-up with me will let the person at the desk know we are there.



Next, I will wait in the waiting room.



When it is time for my BE, my grown-up and I will walk to a room like this.



I will change out of my clothes to wear a hospital gown.

The hospital gown may feel different than my clothes.

I will change back into my own clothes after my BE.

The x-ray technologist and my grown up will wear a special apron called **lead**.

The x-ray technologist is the person taking my pictures!

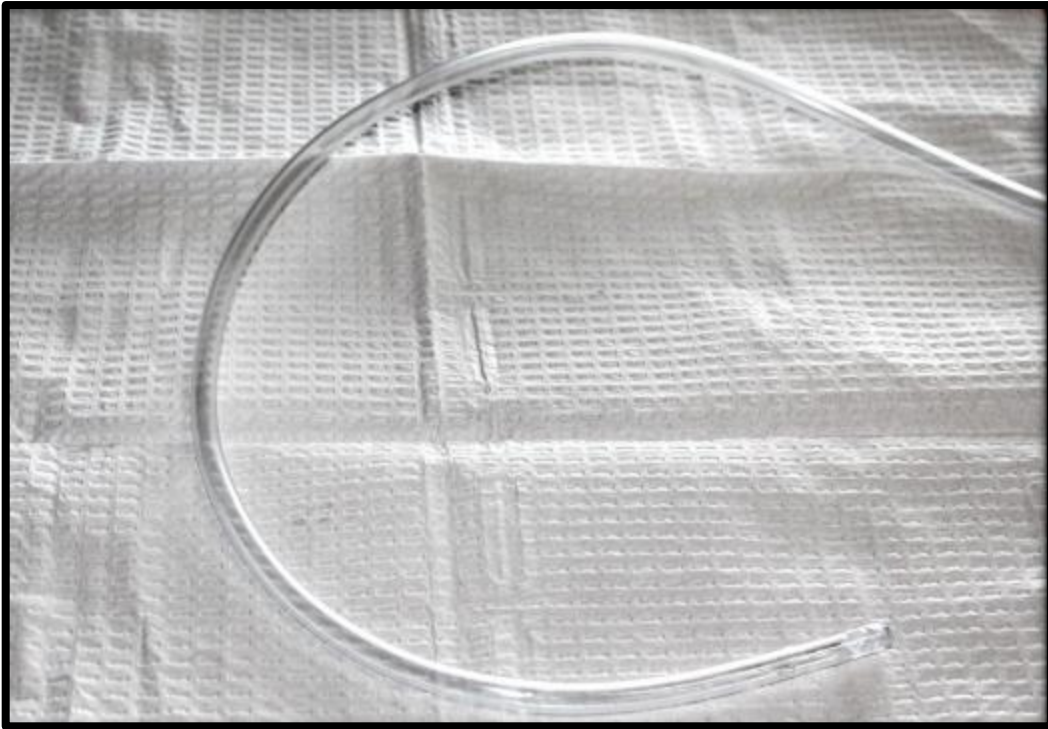




Next, I will lie down on this table.



I will lay on my left side with my knees to my chest.



The person taking my picture will place a small, soft tube into the opening of my bottom where my poop comes out.



This tube helps get a liquid called barium into my belly. This liquid helps my doctor see the inside of my belly.

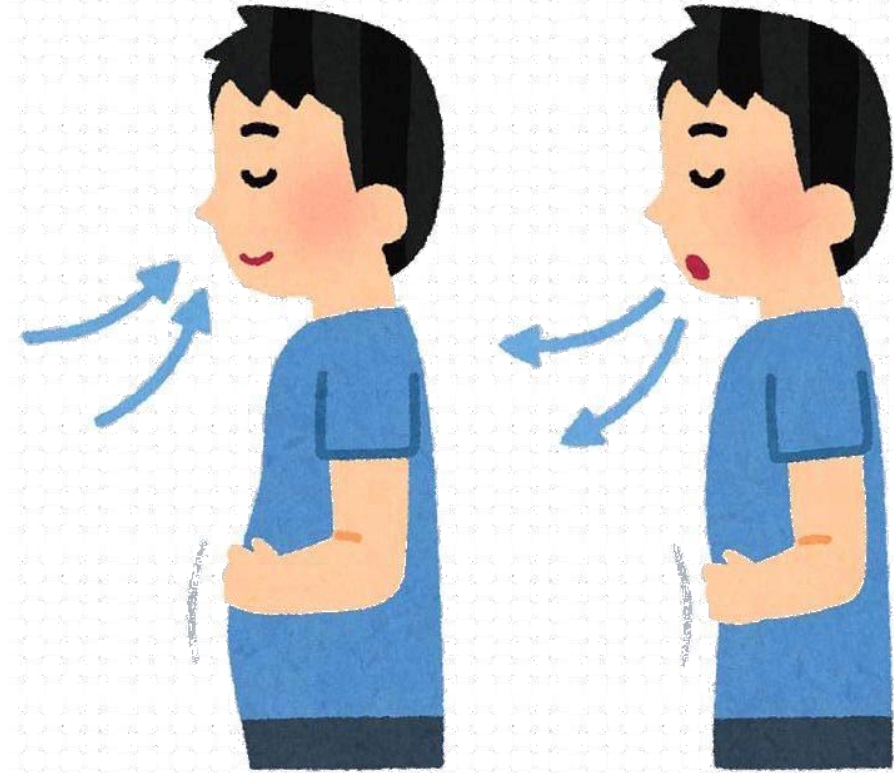


Once the tube is in place, I will lie on my back.

It is time to take my pictures.
The camera will not touch me.
My job is to stay still.



I will roll from side to side during for my pictures.



I will start to feel like I need to poop. I'm ok!

My job is to take slow breaths in and out.



When my pictures are done, the person who took my pictures will slide the tube out of my bottom.

I will go to the bathroom and try to poop out all of the barium.



When I am done in the bathroom, I will lie on the table for just a picture.

This picture will make sure I pooped out all of the barium.

All done



I am all done.

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2023)