

ACE

Autism Caregiver Empowerment **WORKSHOPS** WINTER / SPRING

Children's Behavioral Health-Ireland Center has established parent workshops to address the unique issues of raising a child with Autism Spectrum Disorder. Workshops aim to empower caregivers by giving them knowledge to better understand their child and to teach essential skills to help care for their child's individual needs. An action plan is developed by the caregiver in each workshop that is tailored towards their child and specific situation so they can immediately start intervention. We have found it beneficial for the families to be able to have a plan to put into place at home to help make their child more successful and improve quality of life for the whole family. We hope that as caregivers attend the different workshops, they gain the experience to be able to apply strategies they learn to new issues they may face.

Getting Unstuck: Improving Rigid Behavior and Thinking in Youth with ASD

WEDNESDAY, FEBRUARY 5th, 9am-11am

Understanding the IEP Process

WEDNESDAY, FEBRUARY 19th, 9am-11am

Teaching Safety Skills

SATURDAY, MARCH 14th, 9am-12pm

REGISTRATION: <http://bit.ly/2Ub6bS4>

QUESTIONS? (205) 638-9193, Option 6



Children's
of Alabama®



In collaboration with

