

# The Sunshine School

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Education Liaison and Teacher



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# Objectives

- To understand what the Sunshine School is and the role we play in schools.
- IEP, 504, and Individualized Healthcare Plan Medical Documentation
- Emergency Care Guidelines
- Medical Reentry
- Importance of medically fragile children in school
- Day in the life of child with medical or mental health needs



# School nurse teaches kids they can be superheroes



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# Sunshine School Education Liaison and Teachers



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# What is the Sunshine School?

- A hospital based school program
- Alabama state certified special education and general education teachers
- 5 Education Liaisons and Teachers, 1 Coordinator
- Follows ALSDE professional development guidelines
- Allied Health Service Providers within COA
- Child Life and Education Department



# What is our role?

- Teacher Role
- Education Liaison Role
- Psychosocial Team Role
- Medical Team Role
- Treatment Team Role
- Committee Member Role



# Who do we serve?

- Any patient at Children's of Alabama
- Any school district, any state
- Public school, private school, homeschool, homebound, virtual school, DHR custody, group homes
- Ages 4-College





# Where do we serve?

- Divided into Medical and Behavioral Health
- Inpatient Medical
  - Bone Marrow Transplant, Burn, Cardiology, Dialysis, EMU, Endocrine, GI, Heart Failure and Transplant, HemOnc, Kidney Transplant, Liver Transplant, Nephrology, Neurology, Pulmonology, Rehab
  - Consult Basis: PICU, Primary Hospital Medicine, Special Care Unit
- Outpatient Medical
  - Bone Marrow Transplant, Cardiology, Dialysis, GI, Heart Failure and Transplant, HemOnc, Kidney Transplant, Liver Transplant, Rehab



# Where do we serve?

- Inpatient Behavioral Health
- Partial Hospitalization Program
- Outpatient Behavioral Health
  - COA
  - Patriot Park



# When do we serve?

- Medically appropriate
- During times of crisis
- Monday-Friday, 7-4:30



# How do we operate?

- School Process
  - Introduce school services, sign consent
- Communication
  - Medical team, patient's school
- Evaluation
  - Determine needs, medical appropriateness
- Implementation
  - School work, active engagement, cognitive stimulation



# Why school services in a hospital?

- Practicality
- Normalcy
- Distraction
- Advocacy
- Reentry



# Medical Documentation

- Consent is always obtained first
- “Need to know”-patient’s parents comfort level, medical sensitivities
- Medical team directives with psychosocial input
- Diagnosis/Impact of Disease, IEP, 504, IHP, EAP, Services Requests
- School Medication Prescription/Parent Authorization forms
- Can’t provide: medical records



# IEP and 504 Documentation

## IEP:

- 13 categories of eligibility that must adversely affect the child's educational performance
- Medical documentation included
- Focuses on services and goals

## 504:

- Removing barriers and providing better access
- Documentation of the child's disability: medical documentation
- No scope of goals, focuses on assistance



# Individualized Healthcare Plans

- Chronic Patients:
  - documentation updated yearly
- New Diagnosis:
  - documentation at diagnosis and updated throughout treatment
- Trauma or Injury:
  - at time of accident, throughout treatment
- Mental Health:
  - documentation from psychiatrist, therapist, or physicians





# Emergency Care Guidelines

- Emergency Action Plans
- Medical Team Directives
- Baseline Guidelines
- Hospice Guidelines
- *When to call 911*



# School Reentry

- ***How can we help make this transition smoother for the school nurse?***
- Full time medical release vs. intermittent homebound
- School Education
  - Patient and caregivers
  - School Staff
  - Suggested Accommodations
  - Students



# Return to School Boundaries and Barriers

- Medical Fragility
- Medical Documentation
- Medication Needs
- Medical Equipment
- Physical Demand on Patient
- Staffing and Training
- Parent Comfort and Trust



# Importance of Medically Fragile Children in School

- Provides a sense of normalcy for patients, parents, caregivers, siblings, friends, peers
- Celebration of gains
- Academic, Emotional, Physical, Medical Services and Support
- At times legacy building: Parents, Siblings, Friends, Memory Making



# General Mental Health Accommodations

- Allow access to school counselor
- Allow access to school nurse
- Allow fidget/sensory items
- Sensory room/area
- Allow access to calm down area
- Provide breaks throughout the day



# General Medical Accommodations

- Access to water
- Unlimited restroom breaks
- Allow access to school counselor
- Allow access to school nurse
- Buddy system
- Timely Phone Contact
- Bus transfers
- Provide breaks throughout the day
- Wheelchair, walker, rollator
- PICC Lines
- G Tube, NG Tube
- Toileting Assistance
- Cyclical Vomiting
- Medications on person
- Scheduled Medications



# General Medical Accommodations Continued

- VAD
- Life Vest
- Oxygen
- Nap breaks
- Diabetes
- Seizures
- Vaccines
- Immunocompromised
- PE
- Access to snacks
- Private restroom
- Vitals
- Dietary Orders
- Food and fluid restrictions



# Day in the life of a child with medical and/or mental health needs...

- Inpatient
  - Medications, testing, imaging, surgery, PT, OT, ST, Education, Art Therapy, Music Therapy, counseling, Child Life Services, Sunshine School, coping, rest
- Outpatient
  - Medication schedules, clinic visits, local labs, hospital stays, outpatient therapies, school, family life, extracurriculars, rest











	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
11:00 AM					
11:30 AM					
12:00 PM					
12:30 PM					
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4:00 PM					
4:30 PM					
5:00 PM					
5:30 PM					
6:00 PM					
6:30 PM					
7:00 PM					
7:30 PM					
8:00 PM					
8:30 PM					

	Wake up
	Breakfast <b>** No tablet during meal times**</b>
	PT/OT
	School
	Medicine
	Lunch <b>** No tablet during meal times**</b>
	Nap
	Art Therapy
	Music Therapy
	Dinner <b>** No tablet during meal times**</b>
	Bath
	Bedtime



	Monday	Tuesday	Wednesday	Thursday	Friday
 Wake- Up	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM
 PT/OT		1:30 PM			11:00 AM
 Volunteers	9:00 AM 1:00 PM	1:00 PM	9:00 AM	1:00 PM	1:00 PM
 Art or music therapy	Music Therapy between 11:00 AM-1:00 PM		Art Therapy 11:30 AM		
 School	1:30 PM	10:00 AM	1:30 PM	10:00 AM	1:30 PM
 Bedtime	9:30 PM	9:30 PM	9:30 PM	9:30 PM	9:30 PM

## Daily Schedule

\*Volunteer Availability subject to change

Physical Therapy (PT) – Sadie  
Occupational Therapy (OT) – Lauren

## Daily Schedule



Wake up: 8:45 AM



Breakfast: 9:30 AM



School: 10:00 AM



Physical Therapy/ Occupational Therapy: Between 11:30-1:00



Lunch: Before or After PT/OT



Free Time: 1:00- Dinner



Dinner: 6:00 PM



Bedtime: 9:30-10:00



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	Monday	Tuesday	Wednesday	Thursday	Friday
7:00	Wake up	Wake up	Wake up	Wake up	Wake up
7:30 AM	Order Breakfast	Order Breakfast	Order Breakfast	Order Breakfast	Order Breakfast
8:00 AM	Morning Meds	Morning Meds	Morning Meds	Morning Meds	Morning Meds
8:30 AM					
9:00 AM	School-Independently	School with Melanie	School with Melanie	School-Independently	School with Melanie
9:30 AM					
10:00 AM	PT/OT	PT/OT	PT/OT	PT/OT	PT/OT
10:30 AM	VAD Teaching	VAD Teaching	VAD Teaching	VAD Teaching	VAD Teaching
11:00 AM					
11:30 AM					
12:00 PM	Meds	Meds	Meds	Meds	Meds
12:30 PM	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	PT/OT	PT/OT	PT/OT	PT/OT	PT/OT
1:30 PM					
2:00 PM			Art Therapy		
2:30 PM	School with Melanie			Pet Therapy	
3:00 PM					
3:30 PM	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time
4:00 PM					
4:30 PM	School Work	School Work	School Work	School Work	School Work
5:00 PM					
5:30 PM					
6:00	Dinner	Dinner	Dinner	Dinner	Dinner



Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30	Rest	Wake-UP/ ADL's		Wake-UP/ ADL's/ Weekly weights @ 7	Wake-UP/ ADL's		Rest
7:30	Wake-UP/ ADLs	Children's Workout	Simon Says	Alphabet Challenge	Large Motor	Find Someone	Wake-UP/ ADLs
8:00	Medicine/ Goals and Unit expectations (Therapeutic Community)						
8:30	Breakfast						
9:30	Large Motor	Heroes, Allies, and Companions	Art Therapy	Group School	Group School	Group School	Large Motor
10:30	Identifying Feelings with Color	Dance	Yoga/ Treatment Team	Walk in my Shoes	Therapist Group	Therapist Group	Crisis Prevention Plan
11:30	LUNCH						
12:30	Being with Others	Rec Therapy	Spirituality	Applied Theatre	Rec Therapy	Music Therapy	Playground/ gym
1:30	Cinema Therapy/ Reflection of Movies	OT	Rec Therapy	OT	OT	Alphabet Scavenger Hunt	Cinema Therapy/ Reflection of Movies
2:30	Coping Practice/ Snacks	Coping Practice/ DBT/ Snacks	Coping Practice/ DBT/ Snacks	Coping Practice/ DBT/ Snacks	Coping Practice/ DBT/ Snacks	Coping Practice/ Snacks	Coping Practice/ Snacks
3:30	Find Someone	Group School	Group School	Nursing Education	Risk & Resilience	Active Listening	Problem Solving
4:30	DINNER						
5:30	Relaxation/ Yoga/ Mindfulness/ Visiting hours/ Phone calls			Cinema Therapy/ Reflection of Movies/ Phone calls	Relaxation/ Yoga/ Mindfulness/ Visiting hours/ Phone calls		
6:30	ADLs				ADLs		
7:30	Wii/ Board games			ADLs	Wii/ Board games		
8:30	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack
9:30	54321 Grounding	PMR/ Deep Breathing	Rest and Journaling	54321 Grounding	PMR/ Deep Breathing	Rest and Journaling	54321 Grounding
10:00	Bedtime					Bedtime @ 10:30	Bedtime @ 10:30
							5/31/2023
	Coping Practice may include: music, art, reading, word searches, crossword puzzles, journaling, or sudoku						
Alt Groups:	Scavenger Hunt	Seasonal Drawing	Identifying Feelings with Emojis	Diagnosis	Coping with Anger	A Letter to Future Self	Animal Workout
		Purpose of Life		BINGO	Lighthouse	All About ME!	



# These patients are back in school, what's next?

- Educate and support staff on daily needs, crisis, trauma, diagnosis, death
- When the patient shows up to your office remember you are their medical professional, comfort person and safe place.



# Hero nurse honored for saving student's life



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# How can we help you?

- Reach Out
- Medical Documentation
- Educational Resources
- Grief Resources
- Sibling Resources



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TRUSTED 🧠 FRIENDLY ❤️ **SWEET**  
KNOWLEDGEABLE 📱 DEDICATED  
APPRECIATED 📱  
**CARING** ❤️ **CLEVER + GENTLE**

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SCHOOL NURSE**

**HEALER** EMERGENCY  
PROFESSIONAL  
WONDERFUL 📱 EDUCATED  
**KIND-HEARTED** 🧠 **SMART**  
HOPEFUL + NICE 🧠 CAREGIVER  
**AMAZING** ❤️ **LISTENER**



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# Questions?

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