

## EDUCATIONAL SEMINARS

Our seminar "Adoption Essentials" is for both International and Domestic adoption preparation. **We have online seminars (available anytime) as well as live seminars upon request. Topics include:**

- The Essentials of Adoption Medicine
- Emotional and Behavioral Needs- International and Domestic Adoption
- The Developmental Needs of Adoptees
- Adoption Simulation
- AC Parent Panel Question/Answer
- Preparing for International Travel
- Bonding and Attachment
- School and Education Issues
- Identity Issues
- Trauma- Informed care for schools, healthcare providers, etc.

*"The course exceeded our expectations and opened our eyes to things we never knew."*

—Seminar Attendee/Parent



## WAYS TO DONATE

We are committed to keeping costs as low as possible for families while continuing our work to help children around the world. No gift is too small. If you are interested in giving, please contact [adoption@uabmc.edu](mailto:adoption@uabmc.edu) or 205.638.6964



## LOCATION

### Clinic Location

Children's South  
1940 Elmer J. Bissell Rd.  
Birmingham, AL 35243

### Business Location

Children's Park Place  
1600 7th Avenue South  
CPPI 302  
Birmingham, AL 35233

## CONTACT US

Phone: 205-638-6964

FAX: 205-638-2095

New fax number

E-MAIL: [adoption@uabmc.edu](mailto:adoption@uabmc.edu)

<http://adoption.childrensal.org>

Keep up with the Adoption Clinic by signing up for our quarterly newsletters at [adoption@uabmc.edu](mailto:adoption@uabmc.edu).

THE  
**A**DOPTION  
CLINIC  
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Children's  
of Alabama®

**UAB** MEDICINE.

## ABOUT US

The Adoption Clinic is a non-profit specialty clinic staffed by professionals with a love for children in need of forever families. Most of us have worked in orphanages or adoption agencies and some of us have adopted children ourselves. Our clinic has been in operation for over 20 years now, serving children adopted from over 50 countries. Our mission is to serve the initial and ongoing medical, developmental and emotional needs of adoptive and foster families around the world.



## OUR TEAM



**Carin Kiser, MD**  
Board-Certified General  
Pediatrician,  
Medical Director



**Jennifer Chambers,  
MD, MPH & TM**  
Board-Certified General  
Pediatrician  
International Adoptive Parent



**Heather Schuck,  
LGSW**  
Family Therapist -  
International Adoptive Parent



**Amy Elmore, BS, OTR/L**  
Developmental Specialist  
and Feeding Specialist  
Certified In Sensory  
Integration Therapy &  
Therapeutic Listening



**Jessica Ward, MBA**  
Clinical Program  
Coordinator II

## PRE-ADOPTION SERVICES

We offer pre-adoption medical reviews to prospective parents who are in the beginning stages of their adoption journey. These reviews typically have a 24-72 hour turnaround time.

### Our pre-adoption medical reviews help to educate the prospective parents on:

- Understanding the child's medical diagnoses
- The developmental issues of the child
- Possible attachment and emotional progression of the child
- The long-term care needs of the child

### Here is what is included in our pre-adoption medical reviews:

- Review of the child's medical documents, pictures, and videos
- Evaluation of the child's emotional and developmental progress
- Travel prescriptions for the child
- On- call traveling services
- Travel education materials and videos

We also offer Phone Consults for families who need help filling out their agency's special needs form. These can be emotionally difficult to fill out and we can give more information on each special need to make this process easier.

## POST-ADOPTION SERVICES

**We offer full medical, developmental and emotional assessments for newly adopted children including:**

- Lab screening and review of results
- Vaccination recommendations
- Referrals to other specialists as needed
- Family therapy assessment to address attachment, behaviors, and trauma
- Occupational therapy assessment to assess the child's development and help with sensory and feeding issues
- Regular sleep consults via telehealth
- Telehealth appointments for families in Alabama, Georgia, Mississippi, Tennessee, and Florida
- Phone consultations for families in other states who cannot make it for a clinic appointment

**We offer interdisciplinary consultation for adoptees who have been home for a while and are struggling, which includes:**

- A one (1) hour telehealth to gather background information
- A two (2) hour comprehensive review
- Appropriate diagnoses made
- Help with educational interventions
- Behavioral and emotional regulation techniques
- Follow-up appointment 1 month later and as needed for the child's progress

## NEED ADOPTION FINANCIAL ASSISTANCE?

Adoption costs can be expensive, and we want to provide you with resources from our friends at The Sparrow Fund, Show Hope, and Lifesong.

**Please visit their websites below for financial assistance for pre-adoption and post-adoption expenses:**

- <http://sparrow-fund.org/>
- [www.showhope.org](http://www.showhope.org)
- [www.lifesong.org/adoption](http://www.lifesong.org/adoption)