

## PREPARING FOR IMAGING WITH GENERAL ANESTHESIA: CHECKLIST FOR PARENTS

Things You **MUST** do, bring, or know:

### **Do:**

- Does my child have a cold or fever? If so, call the ordering physician's office, the scan might have to be rescheduled.
- If required, make sure I have received authorization from my insurance company for the procedure/scan?
- Remove all makeup, nail polish, artificial nails, piercings of any kind (ears, nose, lips, tongues, naval, etc), or metal hair accessories from my child. No metal allowed in the MRI.

### **Bring:**

- My child's insurance card and any **co-pays** my insurance requires (please check with your insurance provider for this amount).
- Government issued photo ID card (Ex: driver's license, passport, military ID).
- Bring a history and physical form completed and signed by a doctor that has been done within the last 30 days, not having this will cause a delay or cancellation of your scan.
- **Proof of legal guardianship (foster parent papers, court orders, etc.) if I am not the parent of the patient. If the child is in DHR custody, please bring your caseworker or their contact information.**
  - **A patient must be 19 years of age, or an emancipated minor, to consent for their own surgical procedure at Children's of Alabama.**

### **Know:**

- For Imaging under general anesthesia you will check in on the 1<sup>st</sup> floor of the Benjamin Russell building. You will park in the 5<sup>th</sup> avenue deck and use the 2<sup>nd</sup> floor cross walk to enter the building. To receive FREE PARKING, my parking ticket will have to be validated by staff so please bring it in with you. If the ticket is not validated, I will have to pay to leave the deck.
- If my child gets **sick or wheezes within 7 days of the procedure**, call the ordering physician's office. The procedure may need to be rescheduled. If my child gets sick and it's **after 5pm on the night before the surgery**, I will need to call Imaging at (205)492-2516. If no one answers, please leave a message.
- No metal of any kind is allowed in the MRI scanners, you will be asked about this when you arrive. If your child has any implanted devices you have questions about whether or not they would be compatible please make your ordering physician aware of them.

## Things You SHOULD do, bring, or know:

### Do:

- Bring my child's home medical equipment, including CPAP, BiPAP, Home Vent, Home Oxygen, diapers, special bottles or nipples, Sippy cups, "go bags" for trach patients (including any special trachs), even if they only use it while sleeping.
- Filled out the APASS "online patient questionnaire" (needs to be done at least 72 hours before the surgery). [www.childrensal.org/apass](http://www.childrensal.org/apass) (Works best in Google Chrome.)
- Arrange for someone to take care of my other children (including picking them up from school/daycare & extracurricular activities).

### Bring:

- My child's medications or a list of all of the medicines my child is taking.
- For female patients, urine (or blood) pregnancy testing may be done on arrival starting at 12 years old or younger if the patient has started their cycle.

## Things I Should NOT do or bring:

- Eat or drink in the waiting area or in front of my child at any time before they have general anesthesia.
- Leave the room without checking with the nurse and giving them the cell number where I can be reached.
- Bring other children or siblings or more than two (2) adults.

**Per One Day Surgery policy, only two visitors are allowed with the patient in the room at a time.**

## Things that are good to do, bring, or know:

- My child's comfort items (pacifier, blanket, pillow, favorite toy, book, iPod or other hand held devices).
- Something for me to do while my child is having Imaging procedure (like crossword puzzles, a book to read). Free Wi-Fi is available for our guests.
- Money or change for the vending machines.
- Chargers and adapters for my cell phones and computers.
- A small trash can and towels in my car. Some anesthesia medicines may cause my child to get car sick on the way home.
- Have clear liquids to give to my child when we get home (for example: water, popsicles, Gatorade, Jell-O, apple juice).