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RPCC Pharmacy Forum

Special Interest Articles:

- Alzheimer's Drugs
- Addyi
- Raneva

Did you know?

Gabapentin is now prevalent as a drug of abuse. Individuals describe varying experiences with gabapentin abuse, including: euphoria, improved sociability, a marijuana-like "high", relaxation and a sense of calm. While Pregabalin is a controlled substance and has a similar pharmacological profile to gabapentin, gabapentin is not a controlled

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Pharmacotherapy for Alzheimer's Disease

Pharmacotherapy options for Alzheimer's disease include the **cholinesterase inhibitors** donepezil (Aricept), rivastigmine (Exelon), and galantamine (Razadyne), and the **N-Methyl-D-Aspartate (NMDA) Antagonist**, memantine (Namenda). A cholinesterase inhibitor is often started for mild to moderate Alzheimer's then memantine is added when a patient gets worse. Only 1 in 12 patients on a cholinesterase inhibitor show any improvement. Plus 1 in 12 patients have significant side effects with cholinesterase inhibitors.

For donepezil, overdose information is limited. Based on its cholinergic effects, typical findings might include muscarinic actions consisting of: miosis, flushing, bradycardia, bronchospasm, increased bronchial secretions, involuntary urination

and/or defecation, sweating, lacrimation, hypotension, and/or seizures. The same effects would be expected with rivastigmine. In one case, an adult developed vomiting, bradycardia, hypertension, salivation, diaphoresis and drowsiness after ingesting 90 mg.

For memantine, for mild to moderate overdose, effects can include agitation, bradycardia, confusion, dizziness, hypertension, lethargy, restlessness, unsteady gait, vertigo, vomiting and weakness. For severe overdose, nystagmus, hallucinations, psychosis, seizures, and coma may be seen. A 35-year-old woman developed headache, dizziness, double vision, coma, tachycardia, hypertension, respiratory alkalosis, and seizures after ingesting 2000 mg of memantine.

F.D.A. Approves Addyi, a Libido Pill for Women

Addyi (add-ee)(flibanserin) 100 mg tablets, developed by Sprout Pharmaceuticals, was FDAapproved on August 18, 2015 for the treatment of acquired, generalized hypoactive sexual desire disorder (HSDD) in premenopausal women. Flibanserin is the first approved medication for HSDD, and is classified as a multifunctional serotonin agonist antagonist (MSAA). Flibanserin has been dubbed the "Female Viagra" and "the little pink pill"; however compared to Viagra, flibanserin has a distinctly different mechanism.

The proposed mechanism of action of flibanserin involves regulation of

several brain chemicals that may affect sexual desire, although the exact mechanism is not known. Flibanserin is a post-synaptic 5HT1A receptor agonist and 5HT2A receptor antagonist, as noted in FDA briefing documents. and has action in the central nervous system. The manufacturer states that flibanserin corrects an imbalance of dopamine and norepinephrine (both responsible for sexual excitement), while decreasing levels of serotonin (responsible for sexual satiety/inhibition). Flibanserin is not a hormonal drug and does not affect blood flow like the class of drugs approved for men with erectile dysfunction.

Difficult Drugs to Pronounce

Drugs in particular can be hard to spell, and often hard to pronounce. Companies can easily spend more than a year, sometimes two years, getting through the creative process, the trademark process, and then FDA approval process for new drugs. The FDA is getting particularly tough, rejecting about four out of every 10 name proposals, because it wants to avoid medication mix-ups that can lead to dangerous—sometimes deadly—adverse reactions. Below is a chart of often mispronounced drugs.

"Companies can easily spend more than a year, sometimes two years, getting through the creative process, the trademark process, and then FDA approval process."



How do you say? **Drug Name** Acyclovir (Zovirax) a SYE klo veer Atorvastatin (Lipitor) a TOR va sta tin Benazepril (Lotensin) ben AY ze pril Candesartan (Atacand) KAN-de-SAR-tan Carisoprodol (Soma) kar eve soe PROE dole Carvedilol (Coreg) KAR VAY dil ole Celecoxib (Celebrex) SEL e KOX ib Cetirizine (Zyrtec) se TIR a zeen Clopidogrel (Plavix) kloe PID oh grel Dipyridamole (Persantine) dye pir ID a mole Diltiazem (Cardizem) dil TYE a zem Donepezil (Aricept) doe NEP e zil Escitalopram (Lexapro) Eh sve TAL o pram Eszopiclone (Lunesta) e ZOPE i klone Gemfibrozil (Lopid) jem FYE broe zil Levetiracetam (Keppra) LEE vah tye RA se tam Metronidazole (Flagyl) me troe NI da zole Montelukast (Singulair) mon te LOO kast Ropinirole (Requip) roe PIN i role Sympathomimetic sim-puh-thoh-mi-met-ik Tadalafil (Cialis) ta DAL a fil Triamterene/HCTZ (Dyazide) try AM teh reen Hear pronunciation on drugs.com

Ranexa Used for Chronic Angina

Ranexa (ranolazine) is indicated for the treatment of chronic angina. It was approved in 2006 by FDA and was the first new pharmaceutical approach in over 20 years for chronic angina. Unlike other anti-anginal medications, Ranexa, which comes in extended-release tablets, does not lower heart rate or blood pressure. It helps heart cells generate energy more efficiently allowing the heart to function despite a decreased oxygen supply. Ranexa, when added to a beta-blocker or calcium channel blocker, helps to increase exercise duration. The most common adverse reactions in clinical trials of Ranexa include dizziness, headache, constipation and nausea. Significant QT prolongation may develop; however, there is limited experience with high doses (greater than 1000 mg twice daily) or exposure. Arrhythmia risk increases if it is combined with CYP3A4 inhibitors including diltiazem, verapamil, and grapefruit juice.