

PT & OT

Children's on 3rd Outpatient





I am going to Children's on 3rd.
This story will help teach me about my visit.



When I arrive, my family and I will check in at the desk.



I will get a bracelet with my name.
I will wear this bracelet on my wrist.



I will sit calmly in the waiting room until my name is called.



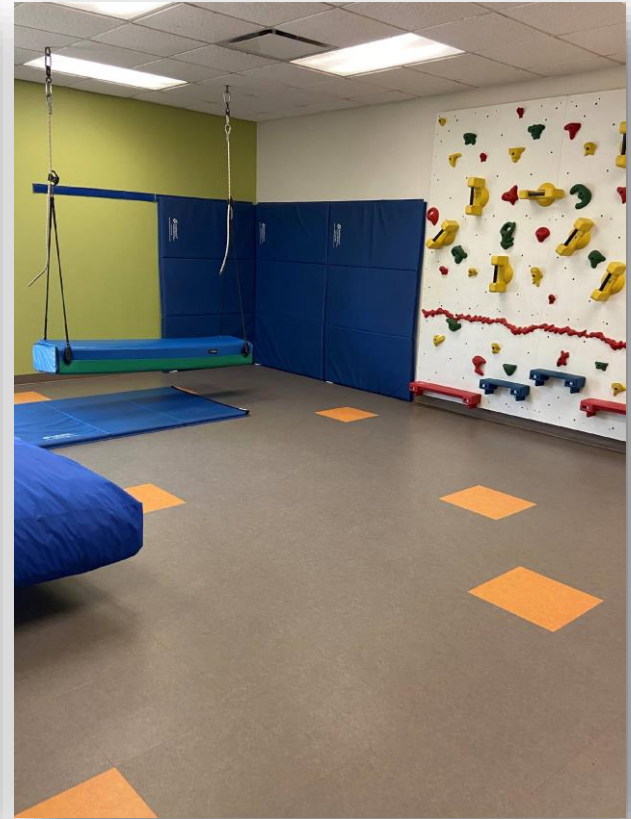
I may see different people and hear different sounds.

Some sounds may be loud.

If the sounds are too loud, I can ask for headphones to cover my ears.

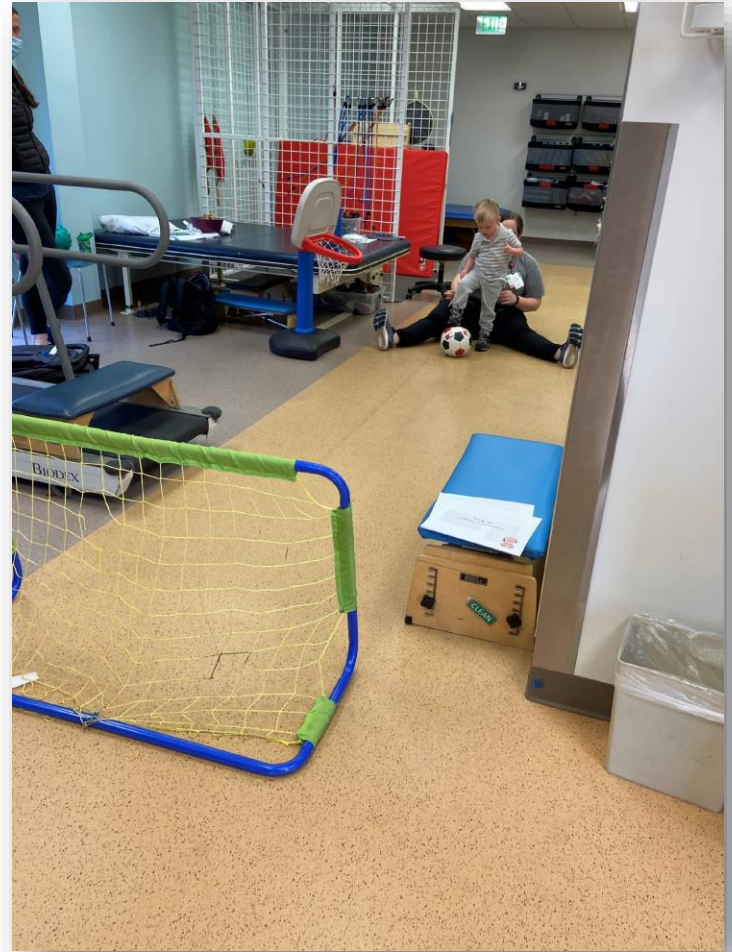


When my name is called, my family and I will walk down the hall to a different room.



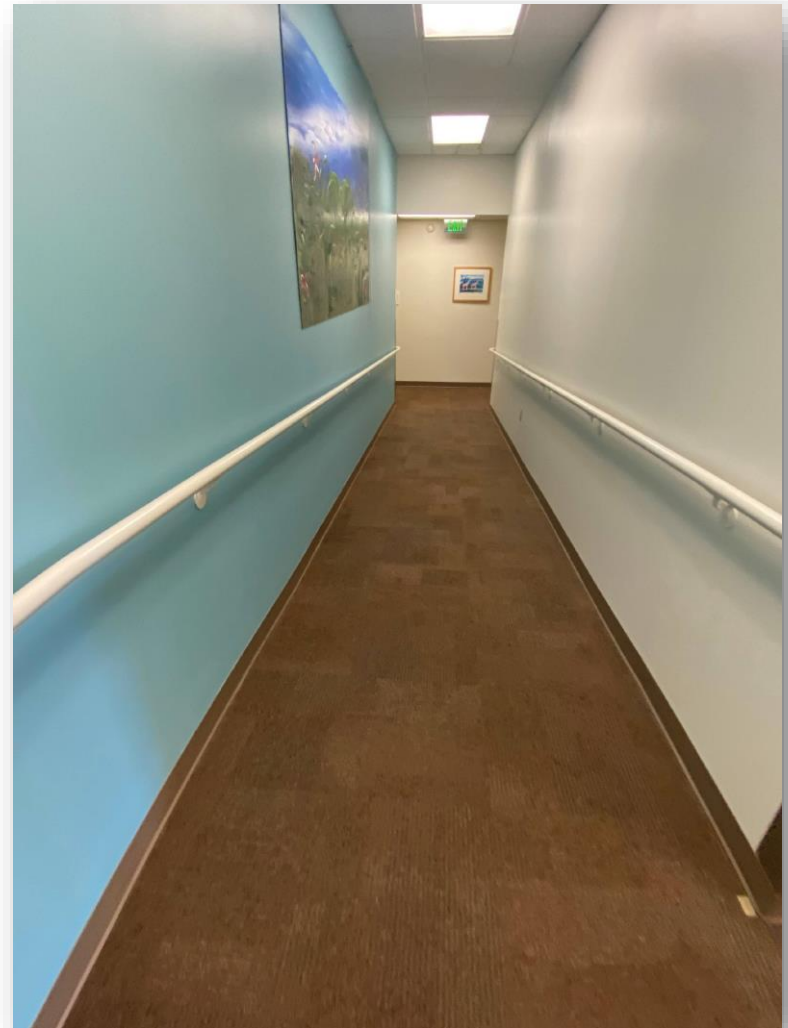
There are many different rooms.

My physical/occupational therapist will show me where to go.



During my visit, I will move and play with my PT/OT.

My family will stay with me the whole time.



I may also walk or play in the hallway.

The hallway has hills for me to walk up and down.

While I play, it is important that I...



Use my “listening ears”



Follow directions



Have “calm, waiting hands”



When my visit is all done, my family and I will walk down the hall to leave.



All done



I am all done.

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)