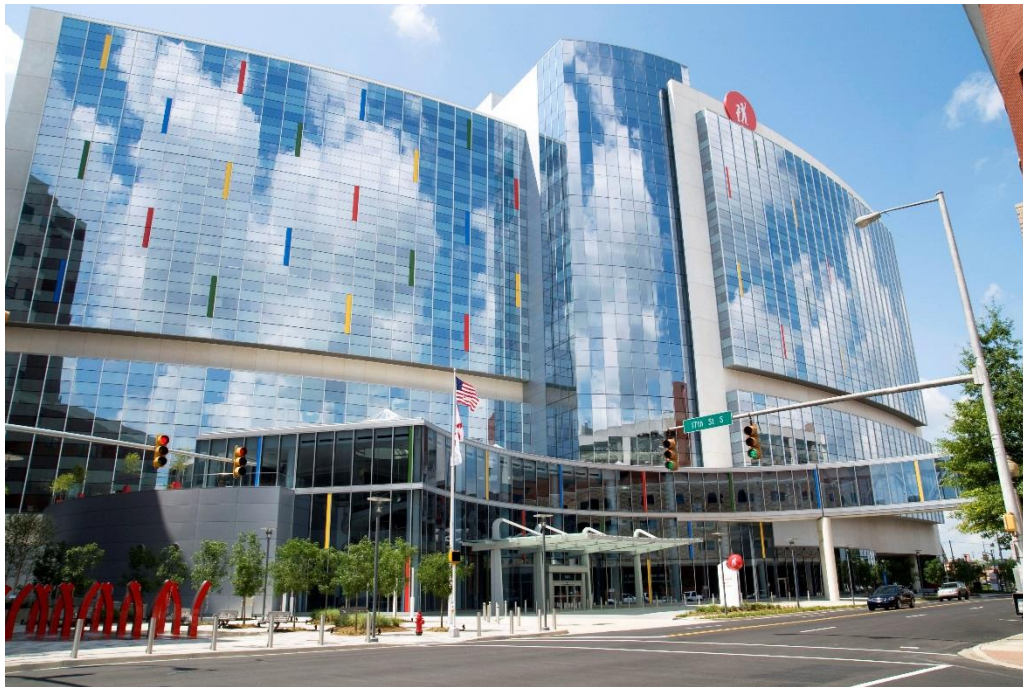




Children's  
of Alabama®

# Outpatient MRI



**Benjamin Russell Hospital for Children**

I am having an MRI.

An MRI is a machine that takes pictures of the inside of my body.

I may have different feelings about this.

This story will help me learn more about my MRI.





My family and I will check-in at this desk.



I will receive a bracelet with my name on it.

It is important that I wear it on my wrist.



My family and I will wait in this room.

A nurse or MRI technologist will come get me when it's time for my MRI.



My family and I will walk down the hall.



I will step on the scale to see how much I weigh.



This is the holding room.

My family can wait with me here until it's time for my MRI.

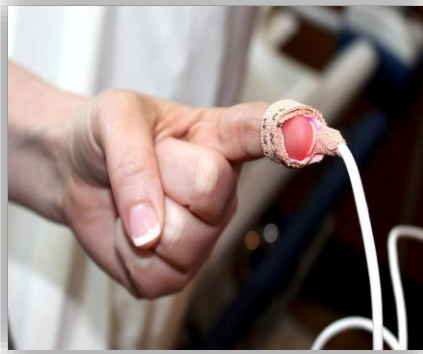
I will meet the nurses and doctors who will be taking care of me.

# While I am in this room, my nurse will



Put the blood pressure cuff on my arm. It will feel like a tight hug.

My job is to hold my arm still.



Put a sticker with a red light on my finger. This will check how well I am breathing. I may hear a beeping noise.



Take my temperature. The thermometer will touch my head. It may feel cool.



# While I am waiting,

I will change into my gown.

It may feel different than  
my clothes.

My clothes will be kept in a  
safe place.





I will go through these doors for my MRI.

My family will wait for me in the waiting area during my MRI.

# Without General Anesthesia



I will lie on this table.

I will have a coil (like a helmet or turtle shell) over the part of my body that needs pictures.

My job is to stay still and take deep breaths.

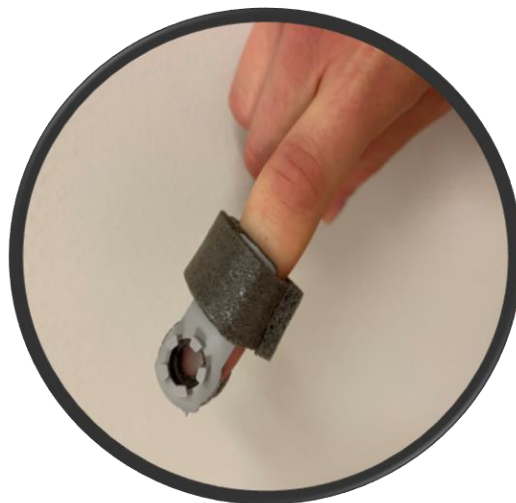
# With General Anesthesia



I will get medicine through a mask to help me fall asleep for my MRI.

The medicine will blow through the mask like air.

My job is to take deep breaths.



A nurse will put a blood pressure cuff on my leg.

A sticker that looks like this will be placed on my finger.

Two special stickers will be placed on my back, and on my side.



This is the Recovery Room.

This is where I will wake up when my MRI is done.

It is ok to feel tired and sleepy.

# Staying at the Hospital



It is time to go to my hospital room.

When I get to my room my nurse and doctors will let me know when it is ok to eat and drink again.

# Questions?

- How do you feel?
- If you have any questions, be sure to ask!
- You can ask your doctor, your nurse, your child life specialist, and your family.

**You're going to do GREAT!!**



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This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)