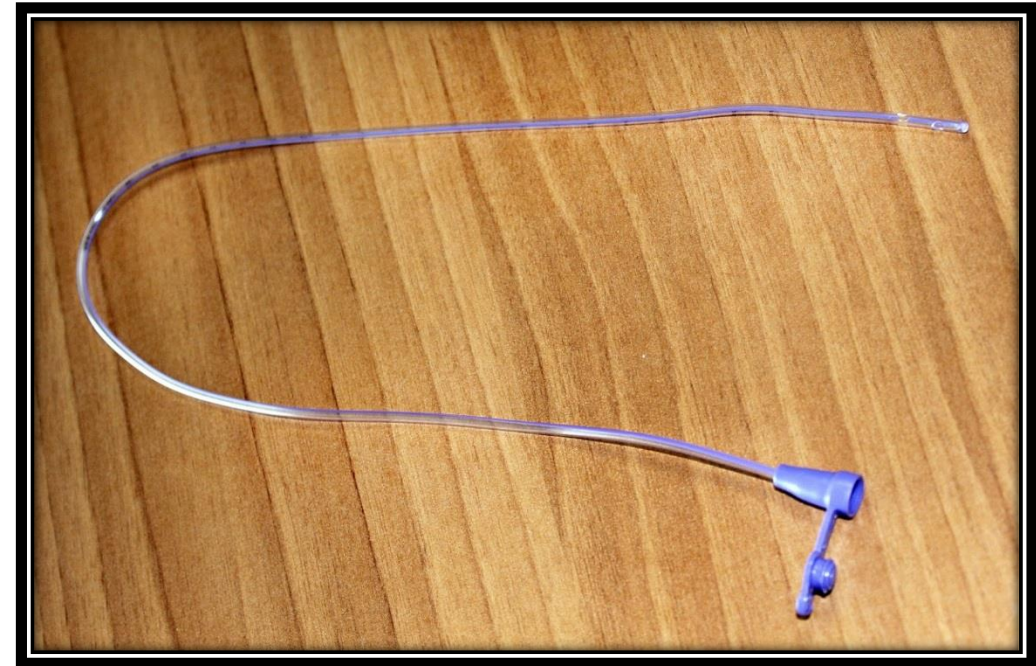


NG Tube for GI Clean Out



I am getting an NG tube.

An NG tube is a small bendy tube that will go into my nose and down to my stomach.

This bendy tube will give my body special medicine that will help me poop out the extra poop in my body.



For my NG tube I can choose to sit in someone's lap or by myself.

My big job is to keep my head and body very still while I get my NG tube.
If I have a hard time staying still by myself someone can help hold my head to remind me to stay still.



First the nurse will measure from my nose to my ear using the bendy tube.



The nurse will then measure from my ear to my sternum.
My sternum is below my chest and above my belly button.



The nurse will then put a clear jelly on the end of the bendy tube.
This gel helps the tube slide into my nose easier.



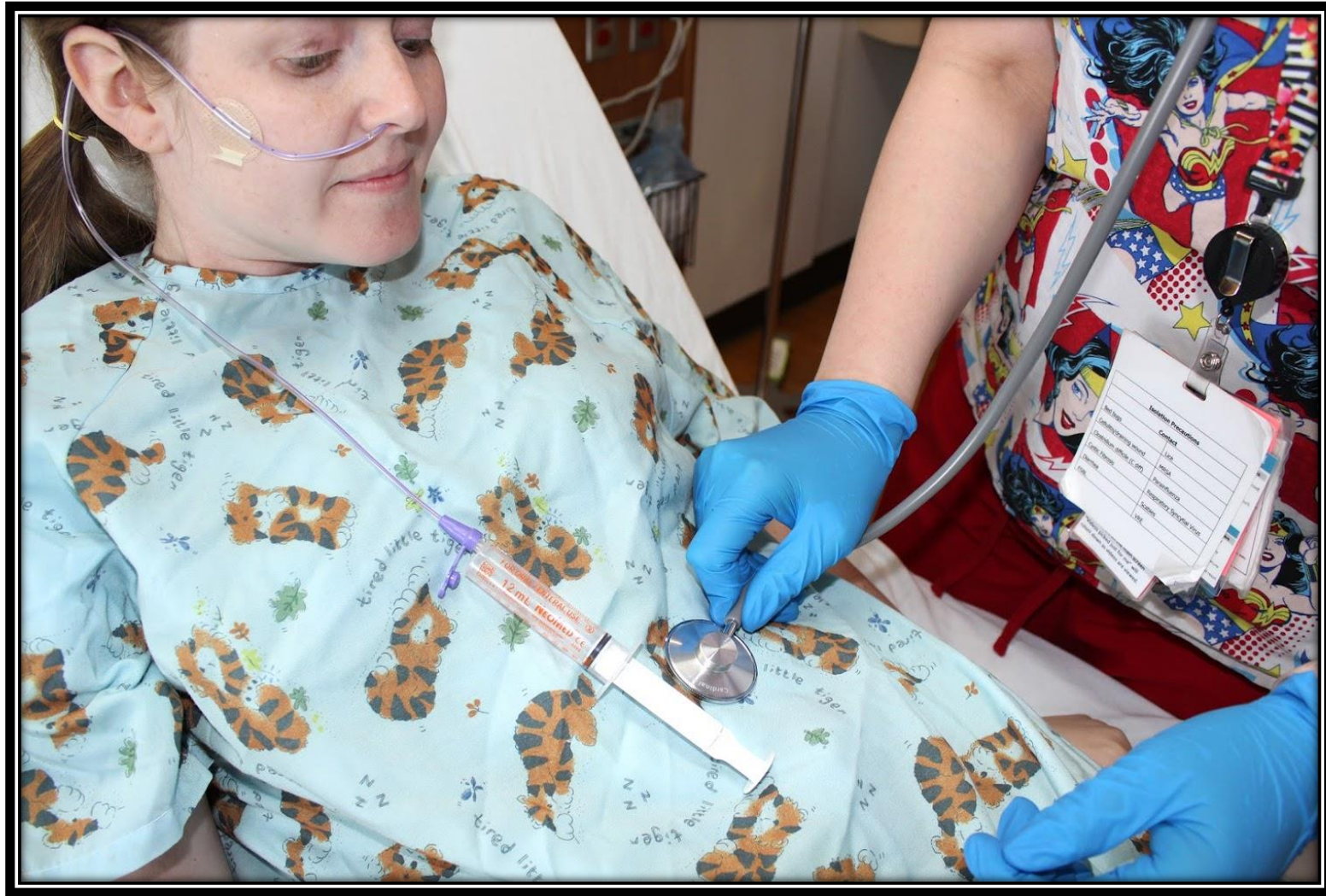
I am now ready for my NG tube.

The nurse will start to slide the tube into my nose.

This may tickle my nose and throat.

The tickle may make me cough.

That's ok! I can help the tube go to the right place faster by swallowing like when I drink my favorite drink.



Once the tube is in the nurse will use a stethoscope to listen to my stomach. This helps the nurse know that the tube is in the right place.



The nurse will then use tape and band aids to keep the tube in place until I do not need it anymore.

I am going to do great!

This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)