



Children's  
of Alabama®

# A Trip To Surgery



**Benjamin Russell Hospital for Children**

Today, I am having surgery.

I may have different feelings about this.

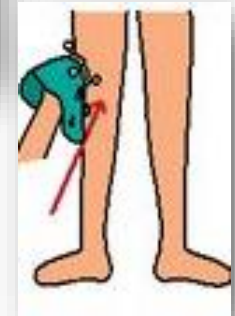
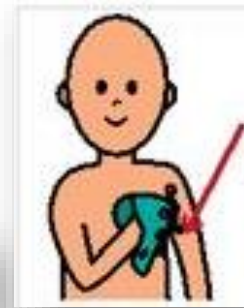
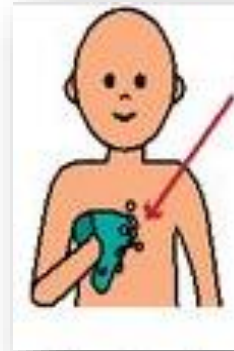
This story will help me learn more about my surgery.





Before my surgery I will need to put on a hospital gown.

The hospital gown may feel different than my clothes but it helps the doctors take better care of my body during my surgery.



Someone from my family may also use special wipes to clean different parts of my body.

These wipes may feel kind of cold.  
These wipes help get rid of any germs that could be on my body.

# Time to go

When it is time to go, a nurse will read my bracelet.



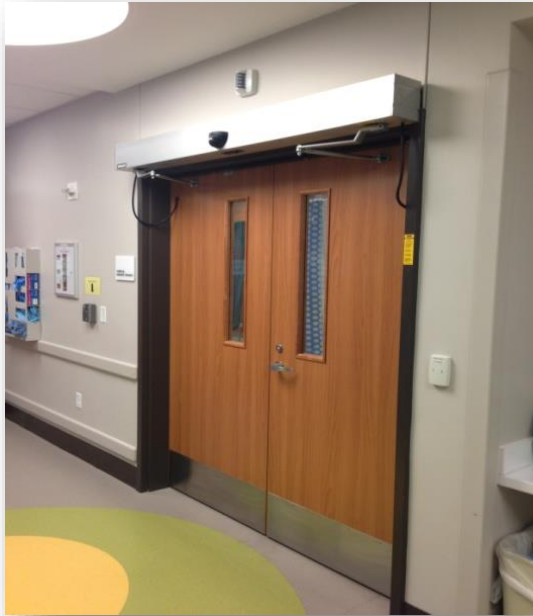
I will ride on a bed with wheels to my surgery room.





My family can walk with me down the hallway.

# Holding Room



This is the holding room.

My family can wait with me in the holding room.

I will meet the nurses and doctors that will be taking care of me.  
I can ask them any questions that I may have.



My surgery room is behind these doors.

When it is time to go to my surgery room I will give my family hugs.

My family will wait for me in my room while I go to surgery.





The Surgery Room has a different bed and special equipment.

Everyone in the Surgery Room will be wearing a hat and mask.

These help keep my body safe from germs.





A nurse will help me move to the bed in the Surgery Room.

They will bring me a blanket so I can stay warm.

# My nurse will...

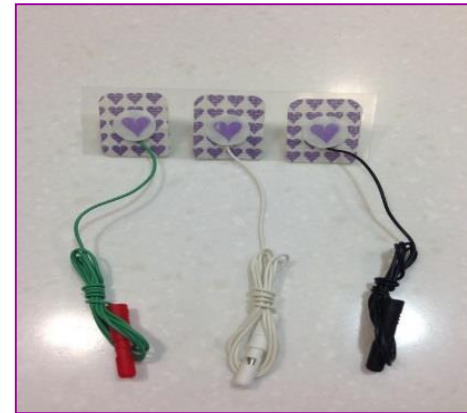


Put a blood pressure cuff on my arm.



Put a sticker that looks like this on my finger.

This will show how well my body is breathing.



The nurse will put two special stickers on my back, and one sticker on my side.

The stickers will feel cold but I am ok.

# Sleepy Medicine



When it is time for my surgery I will wear a special mask.

The mask will help me fall asleep for my surgery.

My job is to take deep breaths.

# Recovery



This is the Recovery Room.  
This is where I will wake up when my surgery is done.  
It is ok to feel tired and sleepy.

# Going to back to my room



After my surgery I will go back to my room.

My family will be waiting for me in my room.

My nurse and doctors will let me know when it is ok to eat and drink again.

# ???Questions???

- If you have any questions, be sure to ask!
- You can ask your doctor, your nurse, your child life specialist, and your family.
- How do you feel?
- Any questions for me?

**You're going to do GREAT!!**



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This social story has been developed as a resource for families, clinical practitioners and trainees at The Children's Hospital of Alabama by the Sensory Task Force. Effort has been made to ensure the accuracy of this story, but it is the user's responsibility to evaluate the appropriateness of this information for each clinical situation (1st ed. 2018)