






| | MOVEMENT | PLAY | EATING / FEEDING | WARNING SIGNS |
|---|---|---|--|--|
|  BY 3 MONTHS | <ul style="list-style-type: none"> While lying on back <ul style="list-style-type: none"> <input type="checkbox"/> keeps head in the middle <input type="checkbox"/> brings hands together and to the mouth While on tummy <ul style="list-style-type: none"> <input type="checkbox"/> pushes up on forearms <input type="checkbox"/> lifts and holds head up | <ul style="list-style-type: none"> <input type="checkbox"/> watches a moving toy <input type="checkbox"/> reaches for a rattle <input type="checkbox"/> searches for sound with eyes | <ul style="list-style-type: none"> <input type="checkbox"/> sucks and swallows well | <ul style="list-style-type: none"> <input type="checkbox"/> hands held tightly fist ed arms or legs stiff with little movement <input type="checkbox"/> pushes back with head <input type="checkbox"/> difficulty holding head upright when held or on tummy <input type="checkbox"/> difficulty feeding or poor weight gain <input type="checkbox"/> keeps head turned or tilted to one side <input type="checkbox"/> head flat across back or flat on one side |
|  BY 6 MONTHS | <ul style="list-style-type: none"> <input type="checkbox"/> rolls over <input type="checkbox"/> brings feet to mouth <input type="checkbox"/> uses hands to prop in sitting <input type="checkbox"/> puts weight on legs when held in standing | <ul style="list-style-type: none"> <input type="checkbox"/> moves toy from one hand to other <input type="checkbox"/> shows interest when spoken to <input type="checkbox"/> begins babbling | <ul style="list-style-type: none"> <input type="checkbox"/> begins to eat cereal and baby food | <ul style="list-style-type: none"> <input type="checkbox"/> poor head control <input type="checkbox"/> back is rounded in sitting <input type="checkbox"/> uses only one side of body <input type="checkbox"/> arches back or stiffens legs <input type="checkbox"/> unable to roll or belly crawl <input type="checkbox"/> arms held back, cannot reach forward <input type="checkbox"/> does not hold toy/rattle <input type="checkbox"/> does not smile <input type="checkbox"/> does not respond to sound |
|  BY 9 MONTHS | <ul style="list-style-type: none"> <input type="checkbox"/> sits without support <input type="checkbox"/> moves from lying down to sitting up <input type="checkbox"/> crawls on hands and knees | <ul style="list-style-type: none"> <input type="checkbox"/> waves bye-bye <input type="checkbox"/> points to show what is wanted <input type="checkbox"/> responds to name <input type="checkbox"/> uses fingers to pick up small objects | <ul style="list-style-type: none"> <input type="checkbox"/> eats junior baby foods and mashed table foods <input type="checkbox"/> brings cup to mouth | <ul style="list-style-type: none"> <input type="checkbox"/> legs stiff or toes pointed <input type="checkbox"/> difficulty sitting <input type="checkbox"/> back rounded or arching backward <input type="checkbox"/> uses only one side of body <input type="checkbox"/> no speech sounds <input type="checkbox"/> difficulty eating and gaining weight |
|  BY 12 MONTHS | <ul style="list-style-type: none"> <input type="checkbox"/> pulls to stand <input type="checkbox"/> walks around furniture or with hands held <input type="checkbox"/> may begin taking steps | <ul style="list-style-type: none"> <input type="checkbox"/> pokes object with index finger <input type="checkbox"/> points to objects <input type="checkbox"/> plays peek-a-boo and patty-cake <input type="checkbox"/> imitates sounds and words | <ul style="list-style-type: none"> <input type="checkbox"/> drinks from an open cup <input type="checkbox"/> feeds self finger foods | <ul style="list-style-type: none"> <input type="checkbox"/> does not crawl <input type="checkbox"/> does not get to stand or only uses arms to pull up <input type="checkbox"/> needs hand support to sit <input type="checkbox"/> does not hold or use toys <input type="checkbox"/> makes few sounds |
|  BY 15 MONTHS | <ul style="list-style-type: none"> <input type="checkbox"/> walks with good balance | <ul style="list-style-type: none"> <input type="checkbox"/> throws ball <input type="checkbox"/> stacks toys | <ul style="list-style-type: none"> <input type="checkbox"/> eats a variety of table foods with different textures <input type="checkbox"/> begins trying to feed self with spoon | <ul style="list-style-type: none"> <input type="checkbox"/> walking on toes <input type="checkbox"/> arms held stiffly <input type="checkbox"/> uses only one side of body <input type="checkbox"/> poor balance in standing <input type="checkbox"/> does not use hands well for play or self-feeding <input type="checkbox"/> no words understood |



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