

# Children's McWane Driving Directions



Children's  
of Alabama®

Physical Therapy and Occupational Therapy Department

## FROM I-20/I-59

- Exit on to US Highway 280/31
- Exit onto 8th Avenue South/University Blvd.
- At traffic light turn right onto 8th Avenue South/University Boulevard.
- Travel seven blocks (approx. ¾ mile) and turn right on 18th Street South.
- Travel 1 block and turn left on 7th Avenue South. Travel approximately two blocks.
- The 7th Avenue Parking Deck is located on the left. The McWane and Lowder buildings are on the right, located across the street from the parking deck.

## TRAVELING SOUTH ON I-65

- Take the 4th Avenue South (Exit 259B).
- Travel approximately five blocks and turn right onto 18th Street South.
- Travel three blocks and turn right on 7th Avenue South.
- Travel approximately two blocks.
- The 7th Avenue Parking Deck is located on the left. The McWane and Lowder buildings are on the right, located across the street from the parking deck.

## TRAVELING NORTH ON I-65

- Take the University Boulevard/8th Avenue South (Exit 259).
- Travel approximately one block to 13th Street South. Turn left on 13th Street
- Travel four blocks and turn right on 4th Avenue South (one way street).
- Travel approximately five blocks to 18th Street South and turn right.
- Travel three blocks and turn right on 7th Avenue South. Travel approximately two blocks.
- The 7th Avenue Parking Deck is located on the left. The McWane and Lowder buildings are on the right, located across the street from the parking deck.

## TRAVELING WEST ON US 280

- Take Highway 280 to Highway 31 North to Birmingham (also called the Elton B. Stephens "Red Mountain" Expressway).
- Take the 3rd/4th Avenue South exit. At end of ramp turn left and take the first left on to Third Avenue South (one way street).
- Travel approximately 8 blocks to 18th Street South and turn left.
- Travel four blocks and turn right on 7th Avenue South. Travel approximately two blocks.
- The 7th Avenue Parking Deck is located on the left. The McWane and Lowder buildings are on the right, located across the street from the parking deck.



**1600 7th Avenue South  
McWane Building, 3rd Floor  
Birmingham, AL 35233  
205.638.9645**

[childrensal.org/physical-occupational-therapy](http://childrensal.org/physical-occupational-therapy)

